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SANIBEL & CAPTIVA ISLANDS, FLORIDA

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Congressman Addresses Water Concerns

by Jeff Lysiak

ast Thursday afternoon, the Sanibel-Captiva Conservation Foundation (SCCF) hosted Congressman Francis Rooney, Sanibel Mayor Kevin Ruane and more than 150 interested local residents, fishing charter captains and business owners for a 90-minute informal "town hall" style gathering at the Bailey Homestead Preserve.

The event, dubbed Weighing In On The Water, was moderated by SCCF's Natural Resource Policy Director Rae Ann Wessel. Rooney, Kuane and Wessel all shared what is currently being done at the local, state and federal levels to improve water quality in the Everglades and Southwest Florida.

"There is insufficient capacity to

store, treat and move water," said Wessel, who talked about both the economic and ecological impacts stemming from poor water management. "We need new ways of doing restoration, and science needs to be the basis of all the solutions we pursue.'

Rooney, the freshman congressman from Naples, said that his top priority was helping to improve water quality in the region. "Certainly my most important priority, and I'm sure it's yours, is water quality," he told the crowd. "We're all here trying to build a community of interest with this issue and get more people involved."

One of Rooney's first acts since he took office on January 20 was to focus on water quality for his district and Florida. He cited his one-on-one visits with members of the House Appropriations Committee, arguing for Everglades restoration funding. "We don't need new legislative authorization, we need funds to be appropriated for multiple Everglades Restoration projects authorized since 2007," he said



Sanibel Mayor Kevin Ruane and Congressman Francis Rooney spoke during SCCF's briefing on the status of Southwest Florida's water quality issues during a gathering at the Bailey Homestead Preserve on February 9 photo by Jeff Lysiak

One of Southwest Florida's most vocal leaders in the fight for improved water quality, Ruane expressed his appreciation for Congressman Rooney's efforts at the federal level, particularly in the way they complement the efforts the City of Sanibel is working to spearhead. We have worked with the U.S. Army

Corps of Engineers and have gained

continued on page 8



Brentano String Quartet

Sanibel Music Festival Lineup

n Saturday, March 4, The Sanibel Music Festival (SMF), an island tradition, will begin its 31st consecutive season of bringing outstanding repertoire and artists to the island. This year's festival will feature the Brentano String Quartet; Eric Lu, piano; the Daedalus String Quartet;

photo courtesy Sanibel Music Festival

Boston Chamber Music Society with Ann Hobson Pilot, harp; Emerson String Quartet; An Evening with George and Ira Gershwin; and the Opera Theater of Connecticut - French Composers.

All concerts will be performed at 8 p.m. throughout the month of March on Tuesdays and Saturdays at the intimate setting of the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. For ticket

continued on page 46

Light Up The Night At BIG ARTS

ouis-and-Ella, a brand new "jazzical" experience, reunites "The Architect of Jazz" Louis Armstrong and "The First Lady of Song" Ella Fitzgerald for a magical engagement at BIG ARTS Strauss Theater, opening Friday, February 17 and running through February 28.

The production, written by Trent Armand Kendall and composed by David Snyder, is a story about redemption and salutations for two larger than life musical icons. Joining them in heaven, the two have one final jam session to help their souls finally cross over while bringing down the house with some of the biggest hits of their storied careers and timeless classics from the Great American Songbook. Angels and saints join them to celebrate their extraordinary lives through the power of music.

Louis Armstrong is played by show creator Trent Armand Kendall, an awardwinning Broadway veteran known for his roles in The Color Purple, Into The Woods and star of Picture Incomplete. Ella Fitzgerald is brought to life by NaTasha Yvette Williams, fellow Broadway veteran famous for her roles in A Night with Janis Joplin, The Color Purple and London's Gone with the Wind. Their intimate chemistry and honest interactions drive the drama of the production and push an evening already overflowing with



Trent Armand Kendall and NaTasha Yvette Williams star in Louis-and-Ella

photo courtesy BIG ARTS

inspiration and jubilance to new heights.

Audiences have called Louis-and-Ella an "absolute toe-tapping, hum-along and clap your hands delight." Be a part of the experience and pay tribute to two musical titans, just in time for Ella Fitzgerald's 100th birthday. There will be an opening reception on Friday, February 17 catered by Sanibel Fish House.

For tickets visit www.bigarts.org or call 395-0900 to learn more about BIG ARTS.蓉



HAPPY ANNIVERSARY



Trevor and Deena Gant awaiting the arrival of their son Jack, left, and with baby Jack, now eight months old

appy Anniversary to Trevor and Deena Gant, who will celebrate three years of marriage on February 22. They are also celebrating eight wonderful months with their son Jack.☆

Send your editorial copy to: press@islandsunnews.com



photo courtesy SCC

Practicing Reading Škills

eeva Clark practiced reading in her VPK class while she is getting ready for kindergarten. She attends Summit Christian Preschool at Sanibel Community Church, located at 1740 Periwinkle Way, where she practices her letters and sounds and pre-reading skills through games, music and dance. Tours with preschool director Leslie Celestin or enrollment information can be requested by calling the preschool's main campus at 482-7007.☆



Sanibel Community Park's playground drum set

photo provided

Memorial Drum Set Installed At Community Park

submitted by Frank and Nan Tumminello

Te would like to announce the installation of a new piece of equipment at the Sanibel Community Park playground. This drum set is dedicated in memory of Jack Ryan Tumminello, who lost his battle with cancer in March.

It is unimaginable that almost a year has passed since the loss of our 5-yearold grandson, Jack. Time has not yet lessened our families' sorrow, but this is the new normal and we try to go on. There is comfort in knowing that Jack will be remembered in his hometown of Sanibel at the park he so loved.

We are so grateful to Judie Zimomra, our city manager, and Andrea Miller, director of recreation. Their kindness and commitment allowed us to honor him in such a meaningful way. We would also like to thank all city leaders and staff that supported this tribute.

Ŝo please stop by the park with your little ones and bang the drum for Jack!



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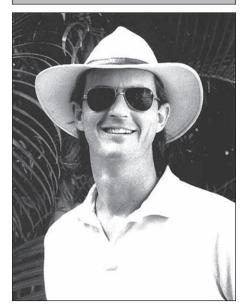








OBITUARY



MARK "BIRD" WESTALL

ark "Bird" Westall, Sanibel environmentalist, died on February 6, 2017 of complications from ALS.

Mark was born on March 4, 1952 in Evansville, Indiana to William and Opal Westall, who predeceased him. He is survived by Mirella Barnett, his companion of many years, sisters Toni Gentry and Shelby Collins, and many

After graduating from Indiana University in 1977 with an anthropology and environmental studies degree, Mark moved to Sanibel looking for his "utopia." He became a champion for the environment and founded The International Osprey Foundation in 1981. Bird and his Canoe Adventures, Inc. became a fixture at the JN "Ding" Darling National Wildlife Refuge, where he made his living introducing visitors to the wonders of the mangroves.

Bird served as a member of the City of Sanibel's planning commission from 1985 to 1988, a member of the city council from 1988 to 1996, two terms as vice mayor from 1990 to 1992 and one term as mayor from 1992 to 1993. Bird was instrumental in the establishment of the Sanibel Police Pension Fund and the Environmentally Sensitive Lands Conservation District. He also served on the Lee County Eagle Technical Advisory Committee for 10 years.

Bird loved to fly his 1944 Ryan Navion, rode Cisco, his beloved Morgan, and made many trips to the Rocky Mountains and Peru.

A memorial gathering will be held on Sunday, March 12 at 2 p.m. at the Sanibel-Captiva Conservation Foundation, 3333 Sanibel Captiva Road, Sanibel, FL 33957.

The family requests that any donations be made to the Sanibel-Captiva Conservation Foundation or

OBITUARY



MARGARET DOVE

argaret Dove (1925-2017), beloved mother and grandmother, passed away on January 23, 2017 at age 91. As a resident until recent life of the Seven Lakes community, her life was filled with laughter, family and golf. She participated in many leagues, and added a hole-in-one at the Fort Myers Country Club in 1997 to her many feats. Her colorful personality, and wardrobe, lit up every room and recruited new friends wherever she went.

Margaret's soulmate and husband,

Don Dove, a World War II hero, left this world in 2003 after a decorated career in the 101st Airborne having served at Normandu.

She is survived by her daughters, Illona Wolanin of Sanibel and Denise Herman; son-in-laws Vincent M. Wolanin pf Sanibel and Howard Herman; grandchildren Victoria Wolanin and Whitney Wolanin of Sanibel, Shane Leon and Shay Jarjoura; and great grandchildren Sierra Jarjoura and J.C.

Margaret will be missed greatly by her many friends and devoted family who loved her dearly.

Recycled Book Sale At Church

he popular Recycled Book Sale at the Sanibel Congregational United Church of Christ will be open to the public on Sunday, February 26 from

Included in the sale will be gently used books, CDs, DVDs and small gift items. Most of the books are priced from 50 cents to \$1, except for newer or special editions. Proceeds from the sale will be donated to local non-profit

The church is located at 2050 Periwinkle Way, across the street from Periwinkle Place Shopping Center. For more information, call the church office at 472-0497.☆



The Community House

Bridge Lessons

usan Willoughby will be teaching two Duplicate Bridge classes. Students can explore either the Beginner-level basics or the specifics of 2-Over-1 play (two separate classes) in four sessions. Tuesdays (starting on March 7) and each Tuesday of the month will host the 2-Over-1 class, and Thursday (starting on March 9) and each Thursday of the month will be reserved for Beginner class. Multiple sessions (meeting each week) are included in your tuition, with a specific "pack" of dates to support student progression and concept mastery. Cancellations are at the discretion of The Community House staff and the instructor, refunds available where applicable.

Registration can be completed by calling 472-2155. Cost is \$75 per member and \$85 per guest for the four-session class. Memberships can also be purchased online at www.sanibelcommunityhouse.net. All online transactions can also be done over the phone. Duplicate Bridge Sessions are still on Tuesday and Thursday from 12:30 to 4 p.m.

Antique Bridal Dress Show And Luncheon



Antique bridal dress

image provided

n Wednesday, February 22 at noon, step back in time as the bridal dresses from days gone by are modeled. This private collection is owned by Bernice Farnsworth and has been given great recognition by historical societys of the east coast. The luncheon features a salad duo: chargrilled vegetable salad and Mediterranean chicken salad on a bed of mixed field greens. Dessert is included along with iced tea.

Cost is \$35 for SCA members and \$40 for guests. Doors open at noon. The luncheon will be followed by an antique bridal dress show. Prepaid reservations are due by Monday, February 20 at 2 p.m.

Potluck Wednesdays

Potlucks return to The Community House on Wednesday, February 22 from 6 to 8 p.m. All are welcome. No RSVP is necessary, but you are asked to bring a dish to share that will serve at least six people. Bring your own serving utensils. Bring your own beverages. Tableware will be provided.

The speaker at the first potluck of the season will be The Community House's resident chef Jarred Harris. A Florida native who has a passion for food, Harris formally trained in culinary arts at Johnson & Wales University. With 35 years of experience in the culinary industry, he has spent 25 years of his career as an executive chef in restaurants, five-star resorts and high-end country clubs

In 2005, Harris moved to England and worked as a private chef and gastro pub owner, both sourcing meat and produce locally in his effort to embrace the "Field to Fork" ethos. He returned to Sanibel last year with a new outlook on organic farming and sustainable food sources and is eager to teach others and be a part of the new Culinary Education Center of Sanibel.

For more information, call Clair Beckmann at 472-4524 or Sally DiVenere at 395-8823.

Marjorie Harris Carr: Defender Of Florida's Environment

n Friday, February 24 at 6 p.m., author Peggy Macdonald will speak on how Florida's "Three Marjorie(y)s" used the power of the pen and grassroots activism to celebrate Old Florida and protect Florida's wildlife and wild places. Through historic postcards and photos, a presentation and discussion, Macdonald blends Florida, women's and environmental history to provide audiences with an inspirational message about the power a small group of committed citizens can have to defend Florida's environment. Carr was raised by naturalist parents in rural Southwest Florida when the state had fewer than one million residents. In the 1960s, when I-75 was constructed through her backyard, Carr launched a conservation career that preserved many of north central Florida's ecological treasures.

Macdonald is a native Floridian and the executive director of the Matheson History Museum in Gainesville. She has taught history at Stetson University, Florida Polytechnic University, Indian River State College and the University of Florida. Her recent book, Marjorie Harris Carr: Defender of Florida's Environment, won honorable mention in Foreword Reviews' 2014 INDIEFAB Book of the Year Award contest in Women's Studies. She writes articles on local history for Gainesville Magazine, Our Town Magazine, Senior Times Magazine and Examiner.com.

This is a Florida Humanities Speakers Series program, with donations accepted at the door.

The Community House is at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.





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Sanibel Mourns Loss Of Former Mayor

pon notification of the passing of former Mayor Mark "Bird" Westall last week, Sanibel Mayor Kevin Ruane issued the following statement:

"One of Sanibel's strongest environmental voices has left

us. We all owe Mayor Westall a great debt of gratitude for the legacy of environmental stewardship and the



Mark "Bird" Westall

are served all day on Wednesday. On

Details on the memorial service for Westall will be forthcoming, the city announced.☆

legacy of habit protection he left us. Protecting Sanibel was not only

vocation and advocation."

'Bird's' call to public service but also his

Westall served as a member of the City of Sanibel Planning Commission from 1985 to 1988; as the vice chair

of the planning commission in 1988;

as a member of city council from 1988 to 1996; two terms as Sanibel's vice

mayor (1990-91 and 1991-92) and as one term as mayor from 1992 to 1993.

Major legislative accomplishments

during Westall's tenure include the

establishment of the Environmentally

protection and the establishment of

officers.

the Police Pension Fund for Sanibel's

Sensitive Lands Conservation District,

improving mangrove and wildlife habitat

American Legion Post 123

n Sunday, February 19, American Legion Post 123 will host a fish and shrimp fry from 1 to 8 p.m. The following Sunday, February 26, Post 123 will be serving barbequed ribs and chicken all day long.

Every Monday is the 8-ball pool league tournament at 5 p.m. Stop in and watch some good shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs

are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from $11\ a.m.$ to $8\ p.m.$

The Ladies Auxiliary has shell ornaments available.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.☆

Light In The Night At Family Ministry

low in the dark stars decorated every table as the LOGOS group at Sanibel Community Church had dinner at Light in the Night on February

Kids ate cheeseburger sliders, corn on the cob, French fries and gobbled up cupcakes for dessert. Afterwards, the family time activity was Giant Twister. Eleven twister boards were taped together and the kids played all at once.

This intergenerational family ministry happens on Wednesdays at Sanibel Community Church, located at 1740 Periwinkle Way.

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Trying to keep their balance while placing left foot green, left hand yellow, right hand wave to your neighbor were Ava Selby, Zack Alonso and Une Jankauskaite

photo courtesy SCC

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From left, Mick Denham, Kevin Ruane, Francis Rooney, Marty Harrity and Chauncey Goss photos by Jeff Lysiak



From left, realtor David Schuldenfrei speaks with Congressman Francis Rooney and Rae Ann Wessel

From page 1

Water Concerns

their commitment to accelerate - to 2018 rather than 2021 - the design and planning process for a flow way for storage and cleaning south of Lake Okeechobee, said Ruane.

In recent years, Ruane and other local leaders have taken part in an initiative to engage the 19 counties and 163 cities affected by poor water quality. These counties and cities represent 55 percent of Florida's real estate values. Combined with their income from tourism, the economic impact of poor water quality is an estimated \$2 trillion.

During last week's gathering, Rooney shared the letter he crafted and sent to

President Donald Trump, on which he secured the signatures of every member of Florida's House delegation on Capitol Hill. The letter asks that the Trump administration's fiscal 2018 budget "strongly support Everglades restoration projects, especially those within the Comprehensive Everglades Restoration Program (CERP).

I, along with the entire Florida Delegation call on the President of the United States to support Everglades Restoration projects in his fiscal year 2018 budget," said Rooney. "The Everglades have a far ranging impact to the entire State of Florida and to the country. Our economy has been decimated. Businesses have closed. We all have a vested interest in the Everglades. I am pleased that the entire Florida delegation has come together on such an important issue."

This was an extraordinary achievement for a recently arrived freshman member of Congress," added Wessel. "The letter was bipartisan and included every House member representing Florida in Washington. Advocates fighting for Everglades restoration and water quality have never had that demonstration of unanimous congressional support before Congressman Rooney brought this focus on water to Washington.'

Ruane also discussed cities working together to seek state-level support, including advancing the passage of Senate Bill 10 (SB 10) to purchase 60,000 acres south of Lake Okeechobee. He told the audience to watch for planned efforts to highlight these issues during the Florida



Rae Ann Wessel addressing the audience

legislative session beginning on March 7.

According to Wessel, north of the lake storage is needed to improve the quality, quantity, timing and distribution of water inflow to Lake Okeechobee. Increasing storage capacities will:

- better manage lake water levels
- have little impact on reducing damaging releases to the Caloosahatchee and St. Lucie estuaries
- improve operational flexibility in managing water

In addition, south of the lake storage is needed to:

- create an additional outlet for lake discharges to reduce damaging discharges to the estuaries
- provide flows to the Water Conservation Areas (WCAs)
- reduce damaging releases from the EAA into the WCAs
- provide a water supply for the Everglades and EAA
- provide flood protection for the region.

An evaluation of storage benefits north vs. south of the lake by the Everglades Foundation revealed that storage north of the lake helps retain water for dry conditions but does little to relieve high lake levels in wet conditions. In contrast, storage south of the lake can reduce high lake levels without dumping water to the estuaries. This is because water stored south of the lake can be discharged south to the Everglades, while water stored north can only flow into the lake.

In addition to land acquisition for water storage, other benefits from SB 10 include:

• The bill authorizes \$100 million of



James Evans and Kevin Ruane

documentary stamp tax revenue annually over the next 20 years to finance land acquisition and construction of the reservoir.

- The 2016 Florida Legacy Act specified that Amendment 1 funding be used for projects that reduce estuary discharges.
- Southern storage, unlike storage in other regions, can reduce estuary discharges by 50 percent
- This reservoir has been part of the Everglades restoration plan since it was passed over 17 years ago
- Economic impacts to the estuary communities and Florida tourism are directly related to water quality.

"I'm kinda laser-like focused on getting these done," said Rooney. "I'll do everything that I can to step up to the plate and work towards improving our water quality.

During the question-and-answer portion of the meeting, topics of curiosity included global warming, cooperation of the various federal and state water quality management partners and the future of the Environmental Protection Agency (EPA).

'Having a partner on these issues at the federal level is going to really help us, added Ruane. "It's an honor to be up here with Congressman Rooney and I look forward to working with you.'

Wessel also encouraged those in attendance to write their local representatives and join SCCF's Action Alert Network. To review the foundation's current Action Alerts or for additional information, visit http://blog.sccf.org/ take-action/.☆

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OBITUARY



WILLIAM J. DOWNEY

illiam J. Downey Jr., one of relatively few remaining veterans of World War II, enlisted in the U.S. Army in 1944 at the age of 18 following his deep sense of patriotism, which became his credo throughout his life. He was responsible for training soldiers at Fort Bragg, North Carolina. Many members of his division eventually participated in the fighting at the Battle of the Bulge. He would have tears in his eyes when he spoke about the lost lives of his fellow soldiers and showed compassion, grief and guilt for not being with them in battle.

Bill Downey finished his remarkable life on January 30 at the Hospice Hospital of Shell Point in Fort Myers, Florida. His failing heart could no longer sustain him. He was 89.

He was born in Cranford, New Jersey in 1927. From an early age, Bill acquired and demonstrated wit, intelligence and talent in negotiating, persuading his fellow high school students to cease fighting, using his already brilliant logic and reasoning. At age 7, he started playing the piano and never quit practicing. His sight-reading skills enabled him to play instantly from any sheet of

music put in front of him. He developed a great appreciation and love of classical music and art, and accumulated a deep knowledge of many composers, artists and their creations. For almost 15 years, he served on the classical music committee of the BIG ARTS cultural center on Sanibel Island, Florida, where he resided with his wife Yola.

In high school, he became a voracious reader of history books and his love for reading stayed with him his entire life. He had an amazing steel-trap memory to the very end, which he demonstrated in many conversations and discussions with family, friends and colleagues. He participated in many high school sports, and he was captain and quarterback of the school football team.

Following graduation from Seton Hall University with a degree in chemistry, he joined Fritzsche Dodge & Olcott (FD&O), one of the oldest flavor and fragrance houses in the USA. There, he began his professional career as an analytical chemist and later advanced to the unique position of a flavor chemist. His creative acumen and acute sense of taste and smell made Bill Downey a "legend" in the industry. He managed the development of the original flavors for new beverage products, the essential effort he put in creation of flavors used for the first line of Snapple Iced Tea and juice beverages. During his career, he developed flavors for many consumer products including alcoholic beverages, i.e., cordials and beer, tobacco products, dairy products and candies. He advanced to vice president, flavor sales manager and new product development manager.

FD&O was sold to the German chemical manufacturer BASF Corporation, and subsequently sold to Givaudan Flavor and Fragrance Corporation. Bill worked for more than 50 years in the flavor industry, retiring from BASF and Givaudan. In retirement, he consulted for the flavor, food and beverage industries until age 85.

Bill Downey demonstrated his commitment to the flavor industry during his career. He served on the board of The Flavor Extract Manufacturers Association (FEMA) and was president of FEMA from 1986 to 1987. He was influential in promoting and improving the regulations for alcoholic beverages. His efforts ultimately improved the flavor profile for alcoholic beverages and taste to the consumer.

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He was president of the Society of Flavor Chemists (SCF) from 1966 to 1967, and helped build the foundation for the organization that it is today. He was one of the pioneers of the flavor industry, a great friend to many colleagues and customers.

Bill had a wonderful personality and was an inquisitive and engaging person. He was a renaissance man in that he was educated and knowledgeable in many subjects and had a broad range of interests in many fields. His quiet grace, his ability to command any gathering with his artfully articulate stories and his highly respected reasoning were admired by many. He possessed a great dry and situational sense of humor.

An avid bird watcher and animal lover, he named the birds that frequently visited his home on Clam Bayou: the great blue heron was Edgar, the yellow crowned night heron, Jimmy, and there were many others.

Bill loved nature and was a deer and rabbit hunter, and fisherman. He played

golf and loved to paint. He was an excellent writer with keen insight into the human soul.

Bill is survived by his wife of 30 years, Yola Downey, daughter Susan Smith of Rhode Island, son William R. Downey of New Jersey, and his only niece Carol Vosseller of New Jersey. He has nine grandchildren, three grand nieces and five great grandchildren. He was predeceased by two daughters who battled breast cancer, Dale Brown and Diane Genovese.

Following private interment, a memorial service will be held at the Captiva Chapel by the Sea at 11 a.m. on February 21.

In lieu of flowers, the family asks that gifts in memory of Bill Downey be sent to the Shipley Cardiothoracic Center, c/o Lee Health Foundation, P.O. Box 2218, Fort Myers, FL 33902 and/or Hope Hospice, 9470 HealthPark Circle, Fort Myers, FL 33908, Attn: Development Department.



Fine Vintage Jewelry

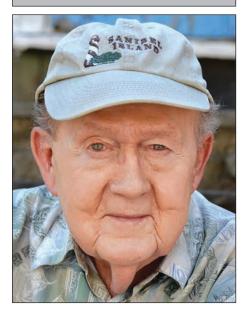
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OBITUARY



CHARLES HENRY KELLEHER

harles Henry Kelleher passed into his new life on January 26, 2017 at Hope Hospice. Charles was born on October 10, 1924 in Mineola, New York to Charles H. and Katherine Kelleher. He graduated from Mineola High School in 1943 and joined the U.S. Navy. He served in both the Atlantic and Pacific theaters in World War II, and fought in several historic battles in the South Pacific including the Battle of Leyte Gulf.

He graduated from Georgetown

University in 1950 and pursued a banking career until his retirement. He and his wife Phyllis moved to Sanibel in 1988 and both were active volunteers with Kiwanis, JN "Ding" Darling Refuge, the U.S. Postal System at HealthPark Hospital, and Habitat for Humanity.

He was predeceased by his parents and brothers Gerard of Santa Barbara, California, Daniel of Mattituck, New York and William of Long Beach, California, and his stepdaughter Mary J. McAward of Lehighton, Pennsylvania.

He is survived by his beloved wife Phyllis, his daughter and son-in-law Nancy and Robert Treuber of Brooklyn, New York, his grandchildren Alex Treuber of Brooklyn, New York and Olivia Treuber of Boston, Massachusetts; his stepsons Jeremiah P. McAward of Lehighton, Pennsylvania and Jeremiah's fiancée Roberta Paulette of Manassas, Virginia;; stepson James G. McAward and his wife Kimberly of Blue Point, New York, and step-grandchildren Harry McAward and Annie McAward of Blue Point, New York; and by his beloved older brother, James Kelleher of Tamarac, Florida. He is also survived by many loving nieces and nephews, especially Ellen and William Sneider of Frederick, Maryland.

Charley was a very active man, known for riding his bike "no hands" through The Dunes of Sanibel, causing mothers to admonish their children to "not ride like that man." He performed at JT's Playhouse and will be remembered for a knock-out rendition of Abbot and Costello's Who's on First routine,

performed with Ginger Parker.

A mass will be held at St. Isabel Catholic Church on Thursday, March 2 at 11 a.m., followed by a military ceremony. In lieu of flowers, Phyllis asks that you perform a Random Act of Kindness in Charles' name. 以

BIRTH ANNOUNCEMENT



Emily Alexandra Walsh

rs. Greg and Jaclyn Walsh of Sanibel Chiropractic are excited to announce the birth of their second child, a baby girl! Emily Alexandra Walsh was born in Fort Myers at HealthPark on October 29, 2016. At birth, Emily weighed 7 pounds, 14 ounces and was 21 inches long. She was welcomed with love by her parents and big brother Blake. Emily's maternal grandparents are Jeff and Jana Leeper of Paducah, Kentucky. Mike and Jean Walsh of Jacksonville, Florida are her paternal grandparents.☆

IN LOVING MEMORY



WILLIAM A. GOLISZESKI

Life is Lost... I have lost a life - but not my own. But it would have been easier to have lost my own than to have lost the life I loved more than my own.

- Author unknown

This is dedicated to my son, William Alexander Goliszeski. Happy Birthday, February 22, 1976.☆

You Are Invited! SANIBEL COMMUNITY CHURCH FREE PORCH CONCERT **4 ONE OUARTET**



Sunday, February 19 at 5 p.m.

4 ONE Quartet is a southern gospel group, with their name deriving from 4 men who sing for ONE God! Their mission is to encourage, uplift and serve.

Refreshments served. A love offering will be received for the group.

1740 Periwinkle Way • Sanibel, fl 33957 www.sanibelchurch.com • 239.472.2684 JOIN US FOR SUNDAY WORSHIP WITH SERVICES AT 8, 9 & 11 A.M. Manicures and Pedicures by Lois Hair Styling by Lily LINDA • MARISA • JEANNE 695 Tarpon Bay Road, Sanibel 239-472-2591

Island Winds Coiffures

HAIR SALON FOR WOMEN & MEN

Join us for worship Sunday 10:00am at the Island Cinema Sanibel Baptist Fellowship

Street Cam App

free Apple app is now available for both your mobile Andriod and Apple devices to access the popular City of Sanibel "Street Cams." Last year, the city installed six cameras that provide residents and commuters access to real-time streaming of Sanibel road conditions at key locations.

To install either app, visit www.mysanibel.com/live-street-cams from your mobile

To install the Android app, click on the button Get it On Google Play. To install the Apple app, click on the button Download on the App Store.

Sanibel Mayor Kevin Ruane stated, "In response to suggestions from our community, we are continuing to embrace technological options for conveniently placing real-time data at the fingertips of citizens and island workers when they are making decisions on when to utilize which roadways. We are also continuing to evaluate additional options for future deployment of additional initiatives that are cloud-based.'

The city's traffic initiatives are funded through beach parking fees, causeway tolls and the gas tax.☆

Math Time Is Game Time At Preschool

vagrace Froelich practiced her one-on-one correlation and number skills during her math time at Summit Christian Preschool at Sanibel Community Church, located at 1740 Periwinkle Way. Director Leslie Celestin teaches math concepts using hands on activities and games, because learning can be fun. Enrollment information for children who are 3 and 4 years old can be obtained by calling the preschool's main campus at 482-7007.☆



Avagrace Froelich

photo courtesy SCC

Coastal Monitoring

n February 14, the City of Sanibel began surveying the island's beaches to monitor coastal erosion and accretion. This work will not interfere with access or usage of any of the beaches and will take approximately three weeks to complete.

This year's monitoring project has been awarded to CB&I Environmental & Infrastructure, Inc. This project is half funded by the Tourist Development Council, with the remaining half being funded by Sanibel's beach parking fees. The project is part of a continuing effort to collect and analyze beach data.

Top Ten Books

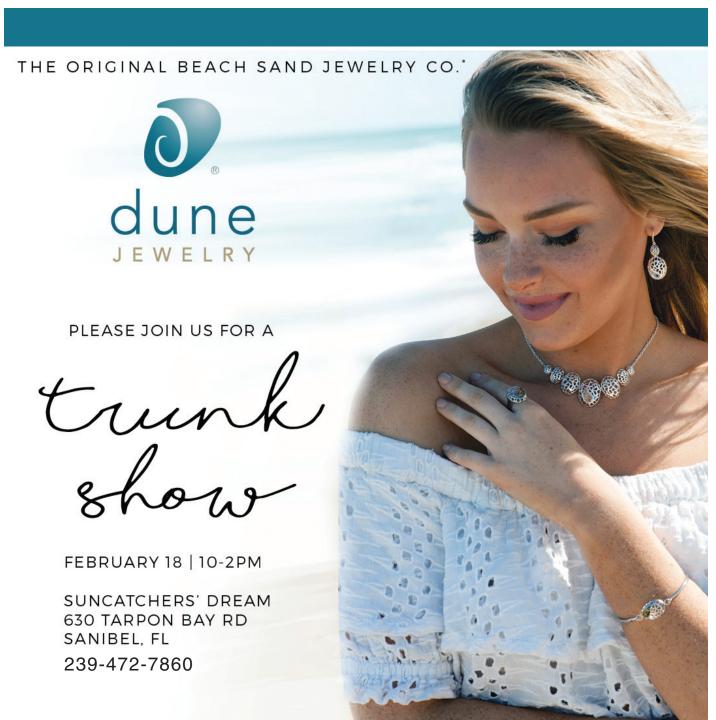
- 1. The Hour of Land by Terry Tempest Williams
- ²Heart of the Sanibel Sunset Detective by Ron Base
- 3. A Man Called Ove by Frederik
- 4. A Gentleman in Moscow by Amor
- 5. The Little Paris Bookshop by Nina George
- 6. Sanibel Flats by Randy Wayne White
- 7. Historic Sanibel & Captiva Islands by Jeri Magg
- 8. Killing the Rising Sun by Bill O'Reilly
- 9. Wisdom from Gift from the Sea by Anne Morrow Lindbergh
 10. Small Great Things by Jodi

Courtesy of MacIntosh Books and Paper.₩

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The Reform Congregation of Bat Yam The Reiofin Congregation of Dat family Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Alan Lessack at 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf

Services every Sunday 11:00AM November 13, 2016 thru April 30, 2017 11580 Chapin Lane, Captiva 472-4646 FIRST CHURCH OF CHRIST,

SCIENTIST 2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

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Pastor Mark Hutchinson 284-6709.

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Dr. Daryl Donovan, Senior Pastor Sunday Worship: 8 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary,

10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST 2050 Periwinkle Way 472-0497

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service and 9 and 11 a.m. Full Services, with Sunday School during the 9 a.m. service and nursery care provided during the 9 and 11 a.m. services
ST. ISABEL CATHOLIC CHURCH

3559 San-Cap Road, 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 90 a.m.
Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m. 2304 Periwinkle Way, 472-2173, www.saintmichaels-sanibel.org UNITARIAN UNIVERSALISTS

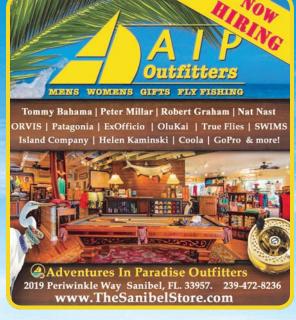
OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol.com or 433-4901.

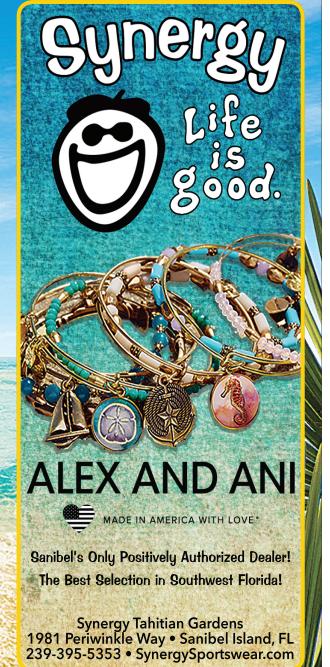
Gardens

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Artisan Luc Century at work on the glass photos courtesy DDWS

New Rubbing Table At Refuge Visitor Center

'N "Ding" Darling National Wildlife Refuge invites young visitors to Make a Refuge Memory. That is the vision behind the new and improved



From left, Luc Century, Doug Ryckman, Supervisory Refuge Ranger Toni Westland, Fred Ryckman and DDWS Executive Director Birgie Miller

rubbing table in the Visitor & Education Center's children's hands-on section. Island glass-etching artist Luc Century created the table, incorporating the refuge's request for a greater variety of refuge flora and fauna.

The original table became overrubbed from so much love and use over the years," said Supervisory Refuge Ranger Toni Westland. "Originally, it

was the idea of co-founding member and first president of the 'Ding' Darling Wildlife Society, Bud Ryckman." The family of the late Bud and Martha Ryckman contributed towards the new table, along with the Seraph Foundation.

'The new rubbing table builds on the vision of the Ryckmans to familiarize kids with refuge wildlife through crayon



Rub of a roseate spoonbill

rubbings," said "Ding" Darling Wildlife Society (DDWS) Executive Director Birgie Miller. "It gives kids more options in terms of size and variety of the different images. It challenges them to create entire refuge scenes based on their expectations, experiences and imaginations. Easy to move, it's also more flexible for using with school field







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Mick received the Hometown Hero Award for Legislative Advocacy from the Florida League of Cities

"From reducing damage from Lake Okeechobee water releases to implementing programs to clean up toxic runoff, I understand that our community depends on healthy beaches and clean waterways."



Worked to reduce damaging Lake Okeechobee water releases

Introduced a fertilizer ordinance, now used extensively statewide and initiated better waste water treatment

Volunteered at the Ding Darling Wildlife Refuge and serves on the Wildlife Society **Advocacy Committee**

Chairman of the **Regional Planning Council Water** Committee

Mick Denham works tirelessly to improve the water quality of Sanibel.

advertisement paid for and approved by Mick Denham for Sanibel City

VOTE MICK DENHAM ON TUESDAY, MARCH 7TH!



Lecture At Ding' Darling

arol Ruckdeschel may be the wildest woman in America. She wrestles alligators, eats roadkill, rides horses bareback and lives in a ramshackle cabin that she built by hand in an island wilderness. A self-taught scientist, Ruckdeschel has become a tireless defender of sea turtles on Cumberland Island, a national park off the coast of Georgia, just across the Florida line.

On Friday, February 24, Will Harlan, author of Untamed: The Biography of Carol Ruckdeschel, will be presenting two free programs about her work and life at 10 a.m. and 1 p.m., part of the 2017



Will Harlan wrote the award-winning biography of "the Jane Goodall of sea photos courtesy DDWS

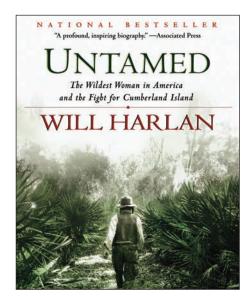
"Ding" Darling Lecture Series at the JN "Ding' Darling National Wildlife Refuge on Sanibel.

Ruckdeschel has been termed "the Jane Goodall of sea turtles," having spent 45 years collecting data on sea turtles. Living off the grid and off the land, she saved Cumberland Island – formerly held by wealthy landowners such as the Carnegies and Rockefellers – from development.

Harlan's biography Untamed was a New York Times best seller and a Barnes & Noble Discover Award finalist. It was named one of The Daily Beast's Top Ten Books of 2014 and one of Amazon's Top 100 Books of 2014. It also won the Society of Environmental Journalist's Rachel Carson Book Award and the Langum Charitable Trust's Malott Prize.

Harlan will sign copies of the book, available in the Refuge Nature Store, following his lectures. Proceeds from Nature Store sales directly benefit refuge wildlife, education and research.

HighTower/Thomas & Swartz Wealth Management sponsors the free 12-lecture series with support from the "Ding"



Darling Wildlife Society-Friends of the Refuge (DDWS). The season's complete schedule is listed below. Book signings follow all except the one starred (*) lecture.

Seating for the lectures in the "Ding" Darling Visitor & Education Center Auditorium is limited and available on a first-come basis. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to enjoy the center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For more information, call 472-1100 ext. 241 or log on to www. dingdarlingsociety.org/articles/ lecture-and-film-series.

March 3 – Author Dr. Laurel Neme. Animal Investigators: How the World's First Forensic Lab Is Solving Crimes &

Saving Endangered Species
*March 10 – Researchers Dr. Jennifer McCabe and Dr. Brian Olsen, "Migratory Birds in a Climate Changing World' March 17 – Author-artist Julie

Zickefoose, Baby Birds: An Artist Looks into the Nest

March 24 – Author Denege Patterson, A Tour of the Islands of Pine Island Sound: Their Geology, Archaeology and

March 31 – Author Will Stolzenburg, Heart of a Lion: A Lone Cat's Walk Across America

April 7 – Photographer-sound recordist Gerrit Vyn, The Living Bird: 100 Years of Listening to Nature

April 14 – Author Charles Sobczak, Alligators, Sharks, & Panthers: Deadly Encounters with Florida's Top Predator

*indicates no book-signing after lecture.☆

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Vote For Marty Harrity For City Council

Balancing Sanibel's Budget

After the economic downturn, Marty took a proactive approach and established an attitude of responsible fiscal management in City Hall. As a result, the Council was able to decrease spending while maintaining funding for all essential services.

Fighting for Our Students

Nothing is more important to Marty than education, which was shown when he led the drive to expand classes at The Sanibel School. Marty was able to add classes for sixth through eighth grade, expanding opportunities for island and local students to get a great Sanibel public education.

Working to Improve the Quality of Life on Sanibel

Marty continues to look for opportunities to better the lives for the people of Sanibel. Through his work on the construction of the new bridge, lessening of traffic congestions and contributing to the development of the Sanibel Recreation Center, Marty is committed to strengthening our town.

It was for my love of our island and the need to protect and preserve those qualities we all enjoy that I first ran for City Council. Representing you on the council has been an amazing privilege.

Political advertisement paid for and approved by Marty Harrity for Sanibel City Council.

About Marty

- Married 29 years to Brenda
- Owner of successful local business
- Past President of Community Housing & Resources
- Former Member Sanibel Planning Commission





Refuge Manager Paul Tritaik, left, and Deputy Refuge Manager Nate Caswell, right, with 20-year award winners Ann Wollschlager, Shirley Bohnert and Jim Sprankle

photos courtesy DDWS

Refuge Honors **Volunteers**

he JN "Ding" Darling National Wildlife Refuge and "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) celebrated their annual Volunteer Awards Luncheon on February 10 at The Community House on Sanibel.

"I want to thank you for making a huge difference to us in fulfilling our mission and serving our visitors," Refuge Manager Paul Tritaik told the volunteers.

'The society would not be the society without you because you make us look good," said DDWS President and active volunteer Doris Hardy.

Refuge staff reports that in fiscal year 2016, 298 volunteers worked 47,232.5 hours at the refuge, representing a labor and benefits savings of \$1.16 million or almost 23 full-time employees.

'Refuge staff has been slashed by more than 50 percent in recent years," said supervisory refuge ranger Toni Westland. "We would be facing cuts in visitor services, hours of operation, and maintenance if not for our wonderful volunteers. Thanks to our friends group for its super support of the volunteer program.

DDWS formed in 1982 specifically to support a volunteer corps after the opening of the refuge's first visitor center that year. More than 11.000 people visited in the first month after the center opened, overwhelming a staff unaccustomed to dealing with the inquisitive public.

Volunteers stepped in then to fill in the gaps left by inadequate federal funding, and they continue to do so even more today as funding further declines," added Hardy.

Below is a list of volunteers who won awards for reaching hour and year achievement levels.

Years Awards

30 years: Marilyn Kloosterman 20 years: Shirley Bohnert, Marge Keller, Jim Sprankle, Alice Walzer and Ann Wollschlager 10 years: Mike Baldwin, John

McCabe, Darst McNairy, Karl Werner and Pam Windust

Hours Awards

10,000 hours: Jeanne Rankin

8,000 hours: Bill Rankin 6.500 hours: Doris Hardy 6,000 hours: Doris Hardy 5,500 hours: Norm Honest

5,000 hours: Is Cloak and Ed Combs 4,000 hours: Jack Wettstein and Patty Wettstein

3,500 hours: Carroll Branyon 3,000 hours: Anne Bresslau and John

McCabe

2,500 hours: Patsy Dicken, Robert Dicken, Malcolm Harpham, Mary Jo Hobbs, Alan Parker and Linda Parker

2,000 hours: Tom Edgar, Ginny Kopperl and Ken Kopperl

1,500 hours: Iver Brook and Joyce

1,000 hours: Brian Mishell, Dolores Mishell, Marie Monick, Kathy Mustachio, Bill Overton, Greg Scherer and Helen

500 hours: Donna Adams, Mike Baldwin, James Bennight, Lyndon Borror, Claudia Burns, Barb Guidotti, Jan Lucree, Bill Lupfer, Ilona Menzel, Nancy Riley, Garold Schudel, Ruth Schudel, Gerri Sylliaasen and Amanda Wilkinson

250 hours: Caroline Bergen, Stan Bunsick, Tom Flemming, Mary Hackett, Zdenko Krizan, Alice Lavimoniere, Gary



Marilyn Kloosterman, second from left, pictured with rangers Jeff Combs, Paul Tritaik and Nate Caswell, won an award for 30 years of refuge volunteer service

Lavimoniere, Buck McDonald, Kim Milling, Mike Mullins, Mike Rice, Gus Santos, Anne Suss, Cathy Swerdlick, Ray Vasquez, Tom Ware, Wanda Werner, Grant Wilkinson and Jim Winn

150 hours: Sarah Ashton, Susan Beitel, Mark Banks, Muriel Blaisdell,

Randi Elassal, Christine Mackenzie, Paul McKenney, Jen McSorley, Maureen Napier, Sherri Newes, Pat Rawert, Inge Santos, Vasanta Senerat, Frances Slane, David Trout, Pam Weiner, Dan Wexler, Diane Wien, Don Wildman, Grant Wilkinson, Jim Winn and Rich Yanke*

Osprey Presentation

he Clinic for the Rehabilitation of Wildlife (CROW) will present The Story of Ospreys on Thursday, March 2 at 4:15 p.m. in the Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe.

Presenter Claudia Burns, who has monitored osprey nests for 25-plus years as an International Osprey

Foundation volunteer, will use photos, videos and recorded vocalizations to explain osprey behavior. The presentation is sponsored by the Sanibel-Captiva Rotary Club and dedicated to the late Mark "Bird" Westall, founder of The International Osprey Foundation.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration. Reservations are required. Admission is \$10 for adults, \$5 for teens, no charge for children under 13. Call 472-3644 ext. 228 or email rrainbolt@crowclinic. org.₩



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- Boosted reserves from \$2 million to \$14 million



Vote for fiscal leadership. Vote for Kevin Ruane.

Highlights From Go Wild For 'Ding' Fundraiser



Staff and volunteers from the JN "Ding" Darling National Wildlife Refuge welcomed guests to The Community House last Wednesday evening for the annual Go Wild For "Ding" fundraiser, which included both a live and silent auction, dinner and dancing

photos by Jeff Lysiak



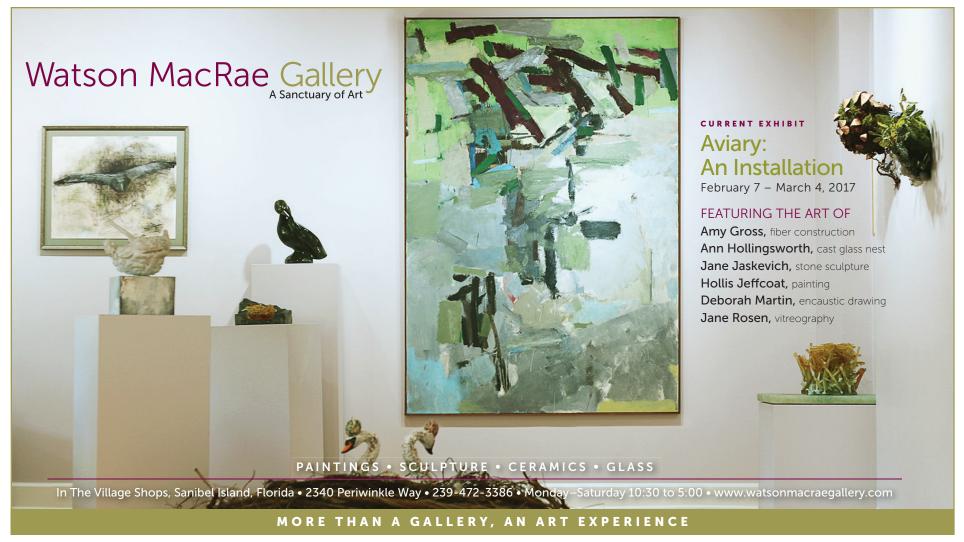
From left, Jim Sprankle, Brenda Harrity, Liddy Johnson and Marty Harrity



From left, Richard Johnson with Rachel and Paul Tritail



Guests perusing the silent auction items up for bid





Amy Nowacki and Becky Larkins



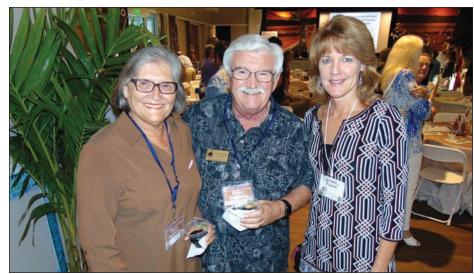
Jim Sprankle with the bald eagle head he created for the auction



David Essig and Jerry Edelman



From left, Bob Gonser with Donna and Steve Yetsko



From left, Terry and Mike Baldwin with Doreen Ruane



PAID FOR BY JASON MAUGHAN CAMPAIGN FOR SANIBEL CITY COUNCIL

The Perfect Winter Setup



by Capt. Matt

That a week it was to be out on the water with more unseasonably warm conditions and big minus morning low tides. When it comes to our wintertime fishing, I just can't think of

a better setup than we had all this week to consistently catch quality fish. The catch-and-release snook bite during these minus tides was just on fire in many of my favorite mangrove creeks. Every little nook and cranny in these creeks held at least a few snook and, once the bite stopped, it was just a matter of moving 50 yards and there they were again.

Along with the great snook action back in the creeks on a normal day, you could mix in a few bonus redfish measuring anywhere from 16 to 30 inches. While fishing the deeper water bends and undercut shorelines in these creeks, we also caught several gag grouper up to 20

inches. Then often once our free-lined shiners drifted out to the middle of these channels, we caught plenty of jacks along with some keeper-sized trout and mangrove snapper. Our fishing just does not get a whole lot better for February.

When everything just comes together right and we are lucky enough to enjoy these big minus low tides during daylight hours, I love to fish places I can only just slide my shallow draft boat into. There are lots of these deep creeks throughout the sound that have a very shallow bar across the entrance or even just a narrow slightly deeper cut that allows access to them during these low water periods. Once you gain access to one of these creeks, you will find many have a winding channel with water from three to eight feet deep. During these lowest of tides, these areas consolidate the fish into a very small area.

I like to enter many of these creeks while the tide is still falling so I am trapped until the tide changes and the water level comes back up. During the last hour as the tide bottoms out, it basically closes the door on any other boats getting into the creek. During the ideal tide like we experienced this week once in these mangrove channels, it was like fishing in a barrel. Add a live well full of shiners to the barrel and the action is fast and furious and your shiners simply cannot escape the hungry fish.



Gary Biltgen of Sanibel with a mangrove creek redfish caught while fishing with Capt. Matt Mitchell this week

Other options on these low tides included fishing the edges of the many exposed bars in the sound. Find a cutthrough or even the tip of one of these bars with a drop-off to deeper water, and a good-moving current and the fish will be there. Throwing soft plastic jigs down the edge of the bar is a great way to cover lots of water and quickly find the fish. A few such bars that come to mind are the edges of the mailboat cut just south of St. James City and the Ice House Bar at the southern entrance to Safety Harbor on North Captiva.

We have had for the most part an unbelievably warm winter so far with our water temperatures only dropping below 70 degrees for a few brief times. Even

after a passing cold front, air and water temperatures have quickly rebounded and never totally shut down the snook bite for more than a day or two. Add to that lighter than usual winter winds for the most part, and we have experienced a winter anglers' paradise. Nothing makes me happier than having lots of options on a wide variety of species in January and

My friend Mark "Bird" Westall died this week. Bird knew the ins and outs of "Ding" Darling and the Sanibel River along with every living thing in there better than anyone I will ever know. As a teenager growing up on Sanibel in the early 1980s. I was lucky enough to meet Bird through

continued on page 34

Send Us Your Fish Tales

e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of V catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-0113.

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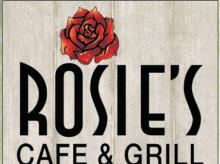


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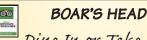
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Yellowwood



Native yellowwood, listed as endangered in the state, usually grows to small-tree size photos by Gerri Reaves

by Gerri Reaves

ative yellowwood's (Schaefferia frutescens) common name is inspired by its hard yellow wood that is prized by woodcarvers.

It usually grows to the size of a shrub or small tree, but this fast-grower can reach as high as 30 feet in ideal conditions.

Its natural habitat is tidewater areas and rockland hammocks.

This member of the bittersweet family is listed as endangered in the Florida, meaning that it is in imminent danger of extinction and unlikely to survive if the causes of the plant's decline continue.

The attractive dense foliage makes this plant a good hedge, screen or border and provides some cover for birds – and, foliage's similarity to that of the English boxwood gives it another common name, Florida boxwood.

The oval evergreen leaves are alternate and two to four inches long with slightly

rolled edges, pointed tips and angled green stems

Clusters of small greenish white fourpetaled flowers appear in the leaf axil (the angle formed by a stem and a leaf or leaf stem). Male and female flowers appear on different plants, so include male and female plants in the landscape for maximum flowering and fruiting production.

Flowers bloom throughout the year, but peak in spring.

The tiny fruit ripens from green to yellow to shiny red. Fleshy, round and two-seeded, it persists on the plant, enhancing the ornamental appeal.

The bark is smooth gray or brown, but ridged or furrowed on older trees.

Resilient and low-maintenance, it can survive in nutrient-poor soil, but needs some organic content – such as a humusy top layer – to do well.

Give it partial shade or sun and moist but well-drained slightly alkaline soil.

Drought and salt tolerance make it



Dense attractive foliage makes this a good low-maintenance hedge, screen or border

suitable for some coastal landscapes.

Propagate yellowwood with the seeds, with occasionally self-sow near the parent plant.

Sources: Florida Plants for Wildlife by Craig N. Huegel, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, Trees of Everglades National Park and the Florida Keys by George B. Stevenson, edis.ifas.ufl.edu, and regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.

City Of Sanibel Vegetation Committee

Guided Native Plant Tours

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next presentation will take place on Saturday, February 25 starting at 10 a.m.

Upcoming tours of city hall grounds will be held on:

- Wednesday, March 8 and Saturday, March 25
- Wednesday, April 12 and Saturday, April 22

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how to plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper

planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road, in front of the main staircase. For more information, contact the city's natural resources department at 472-3700.

The Natural Resources Department section of the city's website, www. mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.☆

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Sanibel-Captiva Conservation Foundation

Bayou And Beach Walks

n Tuesday February 21, meet your SCCF guide at Bowman's Beach for a 1.6-mile walk across the bayou and along the beach to learn about the coastal habitat, nesting shorebirds and other wildlife as well as the history of this ever-changing area. Meet at the children's playground near the bridge at 8:30 a.m. The hourly parking fee is required without a resident sticker

Making The Land Work

very Wednesday in February at 10 a.m., join SCCF for a walking tour of the Bailey Homestead Preserve, located at 1300 Periwinkle Way. The tour begins at the Gateway Kiosk at the head of the Shipley Trail, just inside and to the left of the west property entrance.

The one-hour program will focus on SCCF's restoration of this 28-acre habitat for wildlife and how the land was used by three generations of the Bailey family. The walk includes the newly-planted gardens at the Native Landscapes and Garden Center, the Windmill, the Pavilion, the Devitt Pond Overlook and entrance to the Bailey family home.

Cost is \$5 per person but is free to members of the Sanibel-Captiva Conservation Foundation. Call 472-2329 for more information.

Sun Tea From The Garden

oin Dee Serage-Century at the Native Landscapes and Garden Center at the SCCF

Bailey Homestead Preserve for a Sun Tea Tasting and Garden Walk on Wednesday, February 22 at 11 a.m. A few of the Florida native tea plants growing in the gardens include goldenrod, passionvine and yaupon holly. In the Herb and Tea Garden are lemongrass, tulsi basil and hibiscus sabdarifa. All of these plants can be purchased as packaged tea or you can grow them yourself. Add a sprig of native mint from the garden, a squeeze of lime and SCCF honey before sipping our cooling iced sun tea.

Enjoy the tea and learn about the history of the human use of Florida's native plants during the garden walk. Meet in the pavilion. A \$5 donation is requested if you are not a member of the Sanibel-Captiva Conservation Foundation.

Shorebirds Of Sanibel And Captiva

oin SCCF biologists to learn about the shorebirds species that nest on our beaches, including snowy plovers, least terns and wilson's plovers. SCCF has been monitoring beach nesting birds on Sanibel since 2002. Learn how you can safely share the beach and help our feathered friends. The next shorebird program will be held on Thursday, February 23 at 2 p.m. at the SCCF Nature Central at 25 for 3333 San-Cap Road. Cost is \$5 for non-members.

Call SCCF at 472-2329 for more

information on these programs. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.☆

Orchid Society To Meet

rchid Culture for Everyone will be the topic of the Monday, February 20 meeting of the Sanibel-Captiva Orchid Society. The program will be presented by Mickey Carnell, co-owner of Blue Pagoda Orchids. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way.

Orchid novices are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear Bill Overton discuss mounting orchids. Overton has been growing orchids for over 40 years and is an accredited American Orchid Society judge. He will moderate this season's monthly fundamentals sessions.

Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during

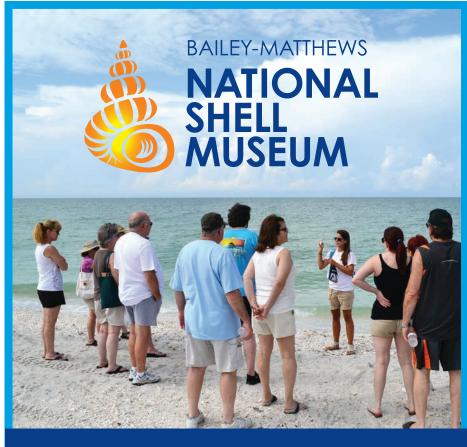
show-and-tell. San-Cap Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 or \$45 for couples. Guests are \$5.

For more information, visit www. sancaporchid.org.☆

Bird Walk At Pond Apple Trail

he next Sanibel-Captiva Audubon bird walk will be held on Saturday, February 18 at the Pond Apple Trail. Participants will meet in the Matzaluna Restaurant parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A \$2 donation is appreciated. For more information, visit www.san-capaudubon.org.☆

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FEBRUARY 2017 MUSEUM



Pearly Entodesma



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Pearly Entodesma, Entodesma brasiliense (Gould, 1850), a member of the family

Lyonsiidae, is a local shell you won't find on the local beaches. Instead, the species inhabits calm back-bay areas with very fine mud and silt bottoms, such as Roosevelt Channel between Captiva and Buck Key. The shell reaches an inch in length, is extremely thin and fragile, irregularly shaped, translucent, but with a brown periostracum (organic outer shell layer). It lives attached to other shells or small pebbles by a thin byssus or inside marine sponges. Learn more about local mollusks at http://shellmuseum.org/shells/southwest-florida-shells.

Shell Museum Events

Daily programs are included with paid admission:

Live Tank Talks – Presented by a



The Pearly Entodesma, *Entodesma brasiliense*, from Roosevelt Channel, Captiva Island photo by José H. Leal

marine biologist throughout the day. Mollusk Matinées – Talks presented by staff every Wednesday from 2 to 3

Arts & Crafts – 1:30 to 2:30 p.m. Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

Water Quality Documentary Debut A Success

he Sanibel-Captiva Chapter of Solutions To Avoid Red Tide (START) in collaboration with producer David E. Carter premiered their documentary *Our Coastal Waters*, Our Legacy at The Community House on January 31. More than 175 people turned out for an evening of refreshments, music and to see the first viewing of the new documentary. In attendance, were several city council members who have been active in water quality issues in South Florida. The issue of clean water is of major importance to everyone in Florida and START is proud to spread awareness to Southwest Floridians and help give them a voice.

The proceeds raised during the screening will go directly to START, whose mission is to improve the quality of marine waters through research, public education and restoration programs that promote healthy beaches and coastal waterways.

San-Cap START offered its gratitude to everyone who was involved and helped make this event possible.

If you missed this event, stay tuned for future showings of *Our Coastal Waters*, *Our Legacy* that will soon be announced.



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CROW Case Of The Week:

Egg Incubation



by Bob Petcher

Incubation has a dual meaning. In the natural sense, it means an egg-laying animal hatching its egg(s) often done with the brooding parent providing the right body heat for optimal

temperature. However, there are also instances when the parent is unable to participate in the process and an environment of controlled temperature, humidity and oxygen concentration is needed in order to sustain optimal conditions for growth and development of the egg.

At CROW, an adult female redshouldered hawk was brought in from Fort Myers on February 10 with initially suspected head trauma. The bird of prey arrived "very weak and obtund," meaning it had diminished awareness and was mentally dull. She also arrived with a previous fracture in the left wing.

Unfortunately, the red-shouldered hawk did not survive long after arrival to the Sanibel clinic. However, during x-rays at admittance, it was discovered the patient was pregnant. CROW medical officials decided to remove the egg with hopes of continuing the artificial incubation process for a successful hatching. It was reported that the clinic

incubation would require rotating the egg eight times a day.

This process would continue only if the red-shouldered hawk egg was found viable after a few days. If so, the artificial incubation process would need 30 to 35 days for the egg to batch.

days for the egg to hatch.
On Monday, CROW
officials reported that the
hawk's egg was determined
not to be viable. CROW's
hospital director, Dr. Heather
Barron, was "unable to find
any evidence of growth so
it may have been not viable
before being removed."

There was also no confirmation that the deceased red-shouldered hawk indeed had head trauma. Reports did say that head trauma was one of the likely causes due to its "obtunded mentation."

Other possible causes of death include toxicity and septicemia, a bacterial infection spread through the entire vascular system of the body.

While it was unfortunate that the patient did not survive past the weekend, it was not a surprise that the bird egg could not be incubated.

In general, bird eggs are a rare occurrence at CROW and are difficult to be successful entirely through incubation," said Dr. Barron. "CROW has had success with incubating turtle eggs at roughly an



The hawk's egg that was determined not to be viable photos by Kenny Howell

80 percent success rate. Bird eggs are incubated at a temperature between 99.1 degrees and 99.5 degrees Fahrenheit and a relative humidity between 60 and 65 percent."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients



CROW medical officials examine the hawk

seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.❖





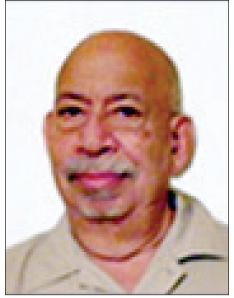


losé H. Lea

photos provided

Shell Show Judges Are Announced

Por the past 80 years, seashell enthusiasts have gathered on Sanibel once a year to see who has collected the most interesting shells or has created the most beautiful piece of art with shells. As the years have passed, the Sanibel Shell Show has become more sophisticated, and today it is known as one of the best shows in the United States. Historically, it is the



Robert Janowsky

longest-running shell show in the country. This year, there are 28 categories of competition in the Scientific Division (collections of shells) and 57 categories of competition in the Artistic Division (artistic creations). Shell collectors, artistic hobbyists and professional artists from around the United States, Canada, and several other countries will participate in the show.

The Sanibel-Captiva Shell Club announces the following highlyrespected individuals who have been chosen to judge the 80th annual Sanibel Shell Show, an integral part of the Sanibel Shell Festival being held

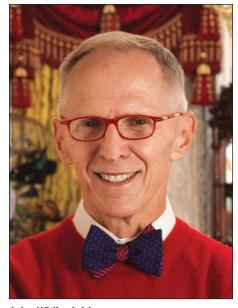


Sharlene Totten

March 2, 3 and 4 at The Community House on Sanibel. This year's judges include:

Scientific Judges

José H. Leal, PhD, of Fort Myers is the science director and curator for the Bailey-Matthews National Shell Museum. He was director of the shell museum between February 1996 and August 2013. Dr. Leal received his PhD in marine biology and fisheries from the University of Miami. His love for shells and sea life goes back to his childhood years in Rio de Janeiro, Brazil. He was a visiting professor at the Muséum National d'Histoire Naturelle, in



John Whitenight

Paris, and postdoctoral fellow at the Smithsonian Institution's National Museum of Natural History. Dr. Leal holds honorary faculty positions at the University of Miami and Florida Gulf Coast University, where he is an affiliate member of the Coastal Watershed Institute. He is also a past president of the American Malacological Society, current President of Conchologists of America (COA), a past board member of the Florida Association of Museums, an Accreditation Peer Reviewer for the American Alliance of Museums, and editor of *The Nautilus*. Under his

continued on page 32

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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Saturday, 10 a.m. to 4 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 17, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Friday, February 17, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation

process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Friday, February 17, 2 to 3:30 p.m., \$20 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Saturday, February 18, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, February 18, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be

Monday, February 20, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, February 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their

Monday, February 20, 2 p.m., adults \$7, teens \$5, 12 and under no charge - Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Tuesday, February 21, 11 a.m., adults \$7, teens \$5, 12 and under no charge - CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, February 21, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

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Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, February 22, 11 **a.m**., adults \$7, teens \$5, 12 and under no charge - Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be

Wednesday, February 22, 12 to **1:30 p.m**., \$30 per person, advance registration required – Lunch and Learn with Dr. Barron.

An intimate and engaging discussion with CROW's Hospital Director Dr. Heather Barron. During this program, she describes CROW's role in supporting the interconnectedness of human health, animal health and environmental health.

Reservations include a boxed lunch catered by the Sanibel Deli and concludes with a tour of CROW's hospital and rehabilitation grounds. Not recommended for children under the age of 13.

Wednesday, February 22, 2 **p.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their

Thursday, February 23, 11 **a.m. to 12:30 p.m.**, \$20 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff.

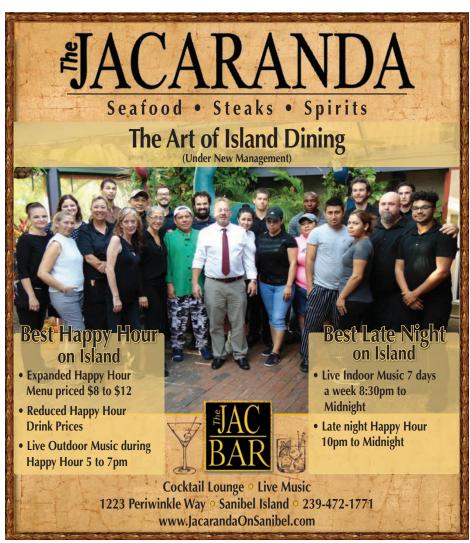
Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 23, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, February 23, 2 p.m., adults \$7, teens \$5, 12 and under no charge - Opossums at CROW.

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.₩





Pair of magnificent frigatebirds in their nest

Lecture To Focus On Frigatebirds

anibel-Captiva Audubon's eighth lecture program of the season will bring back Dr. Ken Meyer of the University of Florida, Department of Wildlife Ecology and founder of the Avian Research and Conservation

photos by Dr. Ken Meyer

Institute (ARCI). In a program entitled Florida's Magnificent Frigatebirds -Origin & Future to be presented on Thursday, February 23 at 7:30 p.m. at The Community House, Dr. Meyer will enlighten the audience on results to date of his GPS tracking studies of the travels and the breeding area of this very unique avian aerial traveler.

Magnificent frigatebirds are often seen soaring over Sanibel and

sometimes even seen taking water on the fly from freshwater ponds on Sanibel. However, they are always seen in flight. Dr. Meyer's studies have identified the Western Caribbean Basin as the breeding destination of the thousands of these birds that winter in Florida. This research also has identified the single U.S. breeding colony, which is found in a small, isolated stand of mangrove forest in the Dry Tortugas. The precarious status of the U.S. population prompted ARCI to launch long-term collaborative research and management efforts with the U.S. Fish & Wildlife Service's Florida Keys National Wildlife Refuge Complex to use social attractants (decoys, automated play-back systems, etc.) to lure magnificent frigatebirds to protected islands for breeding. Initial observations suggest that sub-adults are responding favorably.

Utilizing his modern continent spanning satellite and radio transmission techniques, Dr. Meyer is pursuing several bird species gathering data in an effort to determine their current nesting regimens. He honed his field work in the public sector as a research biologist in the Big Cypress National Preserve and Everglades National Park. His hope is that the demographics and migration information he is collecting will help explain the activities for species not previously thoroughly studied like the magnificent frigatebird.

The February 23 gathering is the



Magnificent frigatebird duo

last of eight Sanibel-Captiva Audubon lectures to be held in 2017. As always, all are welcome to attend. Doors open at 6:30 p.m., and parking is available at The Community House in the Herb Strauss Theater parking area. A \$5 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For additional information, call Bill Jacobson at 395-1878 or visit the San-Cap Audubon website at www. san-capaudubon.org.☆

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Environmental **Awareness** Program

aptiva Island Yacht Club will host an environmental awareness program with The Nature Conservancy's Florida Chapter on Tuesday, February 28 from 10:30 to

Temperince Morgan is executive director of The Nature Conservancy's Florida Chapter, a global organization that partners with businesses, governments, institutions, indigenous communities and other protected lands and waters on which all life depends. In Florida, the Nature Conservancy's work focuses on protecting critical lands, securing freshwater, ensuring healthy coasts and sustainable cities, and catalyzing climate action. Since 1971, the Nature Conservancy has been protecting critical habitats in Florida by facilitating over 1.2 million acres in public land conservation and through the acquisition and management of 80,000 acres of preserve and conservation easement

TNC's Florida work and its' effect



Temperince Morgan

photo provided

on our environmentally sensitive region of barrier islands and the bay will be discussed with an opportunity for questions and answers to follow.

The public is welcome to attend the program. Captiva Island Yacht Club is located at 15903 Captiva Drive. Call 472-9627 for more details.☆

Monthly Photo Contest Winner

he winner of RS Walsh Landscaping's January photo contest is Cheri Hollis. The theme of the January contest was Fishing - Catch of the Dav! Submitted photos were posted on RS Walsh's In The Garden Facebook page and at the company's Sanibel garden center. Visitors to the Facebook page and the garden center were able to vote on their favorites. Hollis' photo of a great blue heron proudly displaying a ballyhoo fish caught at Blind Pass beach received the most votes.

She will receive a \$50 gift certificate to In The Garden. Honorable mentions go to photographers David Zuhusky and Laurie Hafener.

The February contest theme is "Ding" Darling Preserve, and the deadline for submissions is Monday, February 20. Submissions should include the photographer's name, phone number, location of the photo and a short story behind the photo. Up to five photos per person

are allowed. Submissions can be sent via e-mail to inthegarden@rswalsh.com. Finalists will be posted on RS Walsh's Facebook page, website and displayed



Blue Heron by Cheri Hollis

at RS Walsh In The Garden. Voters can visit In The Garden or the In The Garden page on Facebook to vote.

For more information, call 395-5859 or visit www.rswalsh.com.☆

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From page 28

Shell Show

leadership, in March 2010, the museum was awarded its first accreditation from the American Alliance of Museums.

Robert Janowsky of Wellington, Florida grew up in Brooklyn, New York and began collecting shells at a young age while walking the shoreline near Jamaica Bay. After college and the navy, he became a scuba instructor in the Caribbean. When on Martinique, he became the first person to collect a live Murex phyllopterus. Upon his return to New York with the shell, Bill Old and Bill Emerson introduced him to the serious world of shells at the American Museum of Natural History. They, along with Tucker Abbott, became his mentors and ushered him into shell show judging. Robert was one of the eight founding members of the Conchologists of America. He and his wife are the largest supplier of shell books in the country, and have begun publishing shell books.

Artistic Judges

Sharlene Totten of Clearwater, Florida is originally from Michigan, but she has resided in Florida for the past 32 years. She has taught a variety of arts and crafts classes in the adult education programs of the Pinellas County School System. Her use of shells, pearls, precious stones, sterling silver and gold metals in designing original jewelry and in stained glass

pieces has won her many awards. Her original pieces are sold at many of the shell shows here in Florida. Totten has been an artistic judge at many Florida

shell shows during the last 13 years. John Whitenight of Philadelphia was born and raised in northeastern Pennsylvania. Early in life, he developed an avid interest in art that matured into a decision to pursue an art education degree. Whitenight taught for 30 years, retiring as chair of the department at his school. Over the years, he earned a masters equivalent in decorative arts-related studies. He has been a collector of 19th century decorative arts for over 40 years. One area of his focus is objects that are created by hand and placed under glass domes. This interest culminated in his writing the book, Under Glass: A Victorian Obsession. An important chapter of the book is devoted to the history and art of shell work. Whitenight has become an expert in the conservation and restoration of numerous examples of antique shell work. For a time, he was a dealer in Sailor's Valentines. He has served as the primary judge of the miniature settings class at the Philadelphia Flower Show for a number of years. Whitenight currently serves as a member of the American Art Advisory Committee at the Philadelphia Museum of Art. He and his spouse reside in an 1866 townhouse in center city Philadelphia that houses their extensive collections of decorative arts.☆

Arts And Crafts Fair This Weekend

The Rotary Club of Sanibel-Captiva will hold its 34th annual Arts and Crafts Fair on Saturday and Sunday, February 18 and 19 at The Community House, located at 2173 Periwinkle Way.

The arts and crafts fair is a celebration of community spirit, beautiful arts and crafts from around the country, entertainment, food, and displays from community and charity projects supported by the Sanibel-Captiva Rotary Club. With no fees for parking and a \$5 suggested donation for entry, the public is invited.

More than 300 artists applied for the show this year. The club's jury committee was challenged to choose only the best works of art.

The show will be open from 10 a.m. to 5 p.m. on Saturday and from 9 a.m. to 4 p.m. on Sunday. Over 100 participating artists will offer unique gifts, wearable art, sculpture, paintings, photography, wood working, painted furniture, jewelry and other wares. Many local businesses have donated items for the silent auction, including weeklong beachfront stays.

This year, the food section will be expanded to the soccer field next to the

playground, with an assortment of food vendors and a beer and wine tent.

Proceeds are used to meet community needs, to fund local scholarships, and for human service needs worldwide. For more information, visit www.sanibelartfair.com.

Music Fest Returns This Fall

The 4th annual Island Hopper Songwriter Fest returns September 22 to October1. The festival will feature new artists and new events.

The free festival kicks off on Captiva from September 22 to 24 and wraps up September 29 to October 1 on Fort Myers Beach. Historic downtown Fort Myers will once again feature midweek performances. There will be a limited number of ticketed events for special performances.

Major acts and songwriters attending the festival will be announced in the near future.

"We look forward to surprising fans with some high-profile acts," said Louis Kaplan, iHeartMedia's senior vice president of programming. "The Island Hopper Songwriter Fest is one of our favorite events of the year."

Take The Shell Club Challenge



Entemnotrochus rumphii photo courtesy Sanibel-Captiva Shell Club

Put on your thinking caps, get into the mindset of a detective and be prepared to be entertained when guest speaker Dr. José Leal presents his program titled What Shell Am I? at the Sunday, February 19 meeting of the Sanibel-Captiva Shell Club. The program will feature a PowerPoint slide show in a fun, "challenge game" format, where the audience will be challenged to identify different species based only on the presentation of close-ups (or extreme close-ups) of shell parts. The program includes both local and worldwide species.

Dr. Leal is the science director and curator for the Bailey-Matthews National Shell Museum. He was director of the shell museum between February 1996 and August 2013. He received his PhD in marine biology and fisheries from the University of Miami. His love for shells and sea life goes back to his childhood years in Rio de Janeiro, Brazil. He was a visiting professor at the Muséum National d'Histoire Naturelle in Paris, France and a postdoctoral fellow at the Smithsonian Institution's National Museum of Natural History. Dr. Leal's program is sure to be informative and entertaining.

be informative and entertaining.

The meeting will be held in the Bailey-Matthews National Shell Museum auditorium beginning at 2 p.m. Door prizes will be awarded and refreshments will be served. The program and meeting are free and open to the

public.ង៉ី



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Shell ambassadors in the Bailey-Matthews National Shell Museum's new volunteer program, including Wanda Werner and Ellie Hayward, are approachable, knowledgeable and easily identifiable by their T-shirts photo courtesy Bailey-Matthews National Shell Museum

Shell Ambassador Courses Offered At Museum

The first graduates are already out there, on the local beaches in bright blue shirts with yellow lettering saying "Ask Me" and "I Know Shells." They're shell ambassadors, the newest category of Bailey-Matthews National Shell Museum volunteers.

The museum just announced several additional classes:

- Thursday, March 16
- Thursday, April 13
- Wednesday, June 14

With training, anyone with an appreciation for shells and a willingness to learn and volunteer can become a shell ambassador. When shell ambassadors don their "uniforms," which they wear only at the beach, it means they're available to answer questions and identify shells. Of course, they also like being there and keeping

an eye out for special shells.

Class participants receive advance study materials and then spend a full day at the museum for a series of presentations by experts. The subject matter extends beyond shell ID to the beach environment, local animals, and rules and policies. There are assessments throughout the day.

Once they've successfully completed the class, shell ambassadors can volunteer whenever they want, with no set hours, and then regularly report both the time and location where they've been "ambassadoring." After they've put in a specified number of hours, they qualify for attractive benefits from the shell museum.

Stefanie Wolf, the marine biologist who administers the program for the museum, encourages shell ambassadors to share their experiences. One told her, "A woman I was speaking to on the beach the other day had already 'run into' another shell ambassador and so was all the more ready to speak with me. She said that with what she'd learned, she'd never look at the beach in the same way again. I thought that was sufficient verification for the importance of what we are doing and wanted to pass that on."

Executive Director Dorrie Hipschman supports the program, explaining, "Even if they don't know anything about shells before the training, by the time they've completed the class, our shell ambassadors feel comfortable talking to people about shells, as well as answering questions.

We give them the confidence to bloom in their new role.

The \$90 fee for shell ambassador training includes advance and in-class study materials, as well as a continental breakfast and lunch and beverages throughout the day. The class is from 8:30 a.m. to 5 p.m., with several breaks. Anyone can participate, even if they aren't already associated with the museum.

To learn more or to sign up for any of the upcoming classes, call 395-2233, visit www.shellmuseum.org or stop by the museum, located at 3075 Sanibel-Captiva Road. Classes are popular and fill up quickly, so register as soon as possible.☆

From page 22

Capt. Matt

my parents. I not only got to count osprey nests, be on the boat while he released rehabbed injured ospreys, but also be on some of his early guided canoe trips through "Ding" Darling. For years, we would just pick up our conversation right where we had left off as he quietly canoed by me in some hidden mangrove creek, often telling me where he had seen redfish or snook. Bird, you will be greatly

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.





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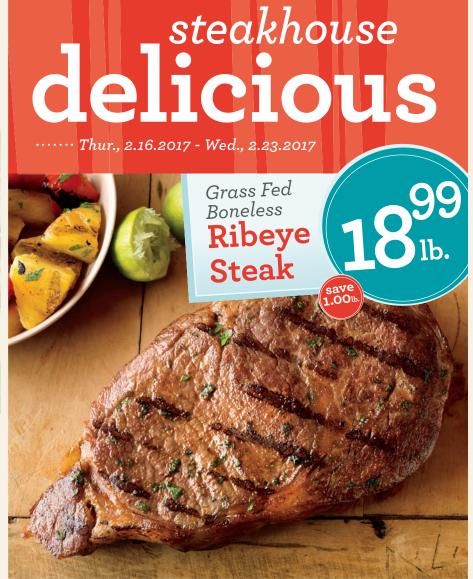
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ISLAND FARE

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs. Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.

2075 Periwinkle Way (Periwinkle Place), 472-2525

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani. a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m. 2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant. famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night,



From left, Brett Kernick, Juan Dulanto and Claudia Medina of Beach Piez

photo by Bob Petcher

Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter. 949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREEN FLASH

634 North Yachtsman Drive, 472-8138

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m. 1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an

extensive children's menu. Starbucks coffee is also on the menu. Now serving full liquor island cocktails! Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week, including live outdoor entertainment from 5 to 7:30 p.m. and 8:30 p.m. to midnight. Expanded happy hour menu and reduced happy hour drink prices from 5 to 7 p.m. and 10 p.m. to midnight. Dinner reservations are suggested. 1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the wellstocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m. 1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate

ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable yeal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds - as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch.
The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m. 630 Tarpon Bay Road, 472-2625

PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jego. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-year-old, multigenerational farm in Southwest Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheesesteak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, homemade muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out the new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare. 2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings. Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishés. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced,

hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10

17501 Harbour Pointe Drive, 466-5377

TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers coffees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty Items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path. 2407 Periwinkle Way Suite 1, 312-4503

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local

seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m. 703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST **GRILL & GIFTS**

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

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Please present coupon to your server to receive the discount. Offer valid through 4/30/17 at Sea Breeze Café for lunch or dinner. May not be combined with any other special or discount offer.

Visit **sundialresort.com/eat/sea-breeze-cafe** for reservations.

Good Times Roll At CHR's Mardi Gras Fundraiser



Passing out colorful beads and trinkets to the crowd gathered at Community Housing & Resources' annual Mardi Gras fundraiser are, clockwise from top left, Robin Roberts, Chloe Bowman and Tiffany Onischuk

photos by Jeff Lysiak



Richard Johnson and Melissa Rice



Ellen Mayeron and Diane Silhavy



During the celebrity swim relay, teams from the Sanibel Captiva Trust Company, 'Tween Waters Inn and Sanibel Captiva Community Bank raced across The Dunes' pool carrying



From left, Bonnie McCurry, Helen Jedel and Kelley Riedy



From left, Sharon, Jerry and Benjamin Miller with Marlene Jackson

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with Cruzin Vibes. On Sunday, it's the Wildfire Band and Julius & Friends. Renata plays on Monday. On Tuesday, it's Karoake. Wednesday is the Jerry B. Variety Show. Sir Mitch plays on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Barbara Dexter. Dusk plays Saturday and Sunday. Mike Arnone plays on Monday. Woody Brubaker performs on Tuesday. On Wednesday, it's Dusk. Woody Brubaker and Barbara Smith play on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays with Danny Morgan & Friends.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆



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Starlee Smith and Sharon Purdy



Jerry Edelman and Maryann Daly



The 'Tween Waters Inn team, winners of the celebrity swim relay Master of Ceremonies Victor Mayeron



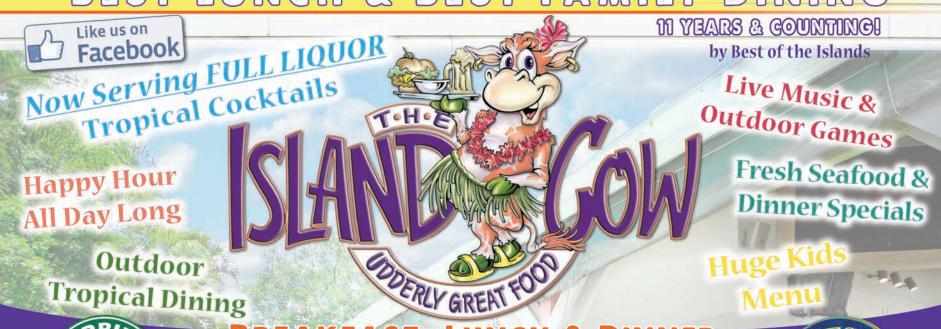
From left, Tom Sharbaugh, Robin Cook and Dr. Steve Brown



Bob Popoff and Tiffany Onischuk



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Coral Group by Stan Timson photos courtesy CCA

Island Artistry Exhibit On Captiva

he Captiva Civic Association is showcase Island Artistry, a byinvitation group art exhibition now on display at the Captiva Civic Center, located at 11550 Chapin Lane.

The five local artists exhibiting are Pam Brodersen, Helen Gracey, Marion Hall. John Lettmann and Stan Timson. They have unique and diverse styles and use of medium, all which enrich the exhibition and create an exciting feeling.



Painting by Helen Gracey

Timson divides his time between Southwest Florida and Chester County, Pennsylvania, with frequent trips to New England and the Atlantic Coast. He expresses his love and enthusiasm for these areas in oil and acrylic. His art radiates color and captures the mood of

Lettmann had an early interest in art and attended several drawing classes at the University of Minnesota. Family and career took center stage, and his art interest was set aside until recently, when he moved to Sanibel. He returned to his art and took classes in oil from several well-known instructors. He enjoys painting landscapes of the beautiful scenes that nature provides.

Hall is a watercolorist whose paintings feature seascapes, landscapes and wildlife from New England, Upper Captiva Island, Cornwall England and Provence, France. Her work renders real subjects with an impressionist's



Painting by John Lettmann

style using vivid color, light, and shadow, reflection and sufficient detail to reveal new insights into the world around her.

Gracey first started painting realistic still lives in oil, but then became more impressionistic, and her exposure to the woods, streams and mountains of Pennsylvania led to experimenting in pastels. After moving to Sanibel, she was awed by the sunlight on turquoise water, and the palm trees and wild flowers. She still does works in both pastels and oil, and continues to enjoy painting on Sanibel.

Brodersen was a freelance photographic illustrator hired by Mad Men to promote their clients' products. In the process she exposed countless sheets of 8x10-inch Kodak Ektachrome. Today's technology, however, has changed all that, and her darkroom



Watercolor by Marion Hall

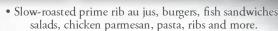


Paradise by Pam Brodersen

tools are computer software and a stylus on a pressure sensitive tablet. She has complete control and limitless creative possibilities. It is this challenge that inspires her to continue to shoot.

The exhibit runs through March 17 and is open to the public Tuesdays and Fridays from 11 a.m. to 1 p.m. or by





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Members of the Sanibel Bike Club took a mangrove kayak tour Bike Club Riders

photos courtesy Sanibel Bike Club

Venture To Shark Valley

submitted by Diane Olsson

hirty intrepid members of the Sanibel Bike Club recently spent two days off-island pedaling and kayaking in South Florida. They first rode through Shark Valley, located 30 miles

east of Miami in Everglades National Park. The following morning, they biked to Chokoloskee Island, where they visited the historic Smallwood Store Museum. That same afternoon, some of the club members continued with a kayak tour through the Everglades mangroves.

Shark Valley isn't a valley and it doesn't have sharks. Instead, its scenic marshes, dense mangroves and towering palms are home to hundreds of alligators. Cyclists have the thrill of riding within a few feet of these

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Bike club participants during the ride to Chokoloskee

awesome native creatures.

For thousands of years, the area was a part of a balanced system receiving waters that flowed south from Lake Okeechobee. The ecosystem and its plants and animals were severely damaged by early efforts to convert the area to farmland, but the establishment in 1947 of Everglades National Park has helped with the ongoing preservation and restoration work. The abundance of alligators and variety of birds that the cyclists saw show that the effort is progressing well.

The rest of the bike club's Everglades outing was equally interesting. The quaint Smallwood Store historic site, located at water's edge on Chokoloskee Island, reflects pioneer life, when local

Seminole Indians trading hides, furs and farm produce for provisions from the store. The store operated from 1906 until 1982.

Finally, 12 of the riders enjoyed a three-hour kayak trip run by Shurr Adventures. The club members were impressed by the company's exceptional, knowledgeable guides. The Sanibel Bicycle Club holds

weekly rides, monthly potlucks in season and other special events. Club members are a friendly group and welcome new members of all riding abilities. More information on the Sanibel Bicycle Club and its activities is available online at www. sanibelbicycleclub.org or by sending an email to bikeclubsanibel@gmail.com.☆







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Highlights From BIG ARTS Gala



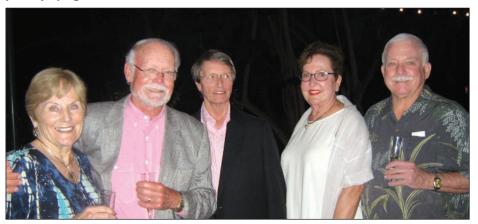
From left, Lee Ellen Harder, Neal and Sherry Halleran

photos by Di Saggau

by Di Saggau

ast Saturday evening was the BIG ARTS annual benefit and it was a splendid affair. A sold out crowd gathered outside in the Boler Garden for Champagne and fellowship. The evening was dedicated in memory of John Boler. BIG ARTS supporters entered Schein Hall for Neil Berg's 100 Years of Broadway. What a treat. Berg regaled the crowd with his masterful piano playing and informative banter.

He was accompanied by drums and electric guitar. Five performers who have starred on Broadway and in venues around the world thrilled the audience with renditions from Cats, Jesus Christ Super Star, Showboat, Les Miserables and the list went on and on. The talent was spectacular and left everyone giving a rousing standing ovation. The evening concluded with wine, dessert and dancing. The first song by the Berg ensemble said it all, Oh What a Night.容



From left, Gail and Bill Bachman, John Kramer, Judy and Larry Yenkole



June Rosner and Russ Bilgore



Hyde Tucker and Sally Reiman



From left, Chuck Bonser and Mary Buck with sponsors Dick Boehning and Penny Wilkinson



Sponsors Patricia and Davis Thurber



Shelley Greggs is a Literacy Buddy, affectionately known as Book Buddies, for one of the students at the Children's Education Center of the Islands. Greggs will give her buddy three books throughout the school year. photo courtesy CECI

Literacy Buddies Program

he Children's Education Center of the Islands (CECI) participates in a program offered by the Early Learning Center of Southwest Florida called Literacy Buddies. This program connects preschool age children with

volunteers in the community. The volunteers send each 3-, 4- and 5-yearold three books throughout the school year at designated times. This program encourages early literacy in a world where books are being replaced by phones and computers. It also allows children of limited means to have their very own books that they can take home and treasure.☆

Talking Points Series Continues

ornings at BIG ARTS offer a wide range of lively, two-hour sessions
by leading authorities in their respective fields. Audience members are encouraged not only to ask questions but offer their point of view, experience and knowledge. With just a few sessions of our popular Talking Points series remaining, there's no better time to get involved with the discussion happening right here on

On Thursday, February 23 at 10:30 a.m., Dr. Lisa Wainwright, dean of faculty and vice president of academic affairs at the Art Institute of Chicago, returns to BIG ARTS by popular acclaim to expand upon her sold-out 2016 session, Key To Understanding the Art of Robert Rauschenberg in a new program entitled Rauschenberg Revisited.

A Captiva resident for many years, Rauschenberg's experimental work in combines, silkscreens, found objects and image transfers as well as music and dance is legend in the art world. Dr.



Dr. Lisa Wainwright photo courtesy BIG ARTS

Wainwright's historical research is focused on Rauschenberg and her dissertation, Reading Junk: Thematic Imagery in the Art of Robert Rauschenberg from 1954 to 1964, has been cited in the book The Great Migrator: Robert Rauschenberg and the Global Rise of American Art by Hiroko Ikegami.

Visit www.bigarts.org or call 395-0900 to learn more about BIG ARTS.☆

Book Discussion At Sanibel Library

eaders are invited to talk about the bestseller The Little Paris Bookshop by Nina George, the focus of the Wednesday, February 22 book discussion at the Sanibel Public Libary. The discussion begins at 2 p.m.

The novel takes you on a boat tour of Southern France with Monsieur Perdu, who calls himself a literary apothecary for the broken hearted. A reviewer for Publishers Weekly wrote, "Engaging.. (George's) sumptuous descriptions of both

food and literature will leave readers unsure whether to run to the nearest library or the nearest bistro.

Copies of the book are located in the library near the circulation desk, in a variety of formats, including audio and eBooks. While it is preferable to come to the discussion having previously read the book, all are welcome to attend

On March 22, the group will review Fredrik Backman's A Man Called Ove. In April, they will read My Name Is Lucy Barton by Elizabeth Strout.

The Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or go to www.sanlib.org..

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Cactus Flower by Marion Hall





Tricolor Heron by David King



Calypso by Judy Clark

Art League Judged Member Show On Exhibit At Sanibel Library

he annual Judged Member Show of the Sanibel Captiva Art League (SCAL) is now on display at the Sanibel Public Library. It was organized by Rita McLain and hung by Judy Clark, Anita Force Marshall and Jim Storer. Forty nine paintings, which represent the first choice of each of 49 artist members of the league, are displayed. Receiving was held at the library on February 6.

The show was judged by Maggie Rapp, director of the Hoosier Salon in New Harmony, Indiana. An artist and art teacher, she gave a well-received gallery

The first place award went to Audrey Chiaradio for her oil painting, A Good Day for a Walk. The judge talked about the depth of the painting, which invited the viewer to enter it. Second place was awarded to David King for his watercolor, Tricolor Heron. Color harmony was noted. Third place, with comments about the lovely play of rich shadows behind

the flowers, was awarded to Marion Hall for her watercolor, Cactus Flower.

Merit awards were given to Judy Clark for her watercolor, Calypso; to Eleanor Gause for her chalk rendering of After Five; to Carol Good for her watercolor Rapsody and Blue; and to Bill Vollmer for his acrylic Banana Flower.

The exhibit which will be on display until the end of the month, offers a rich variety. Collage, chalk, pen and ink, and pastel are all represented as well as an assortment of acrylic, oil and watercolor. Local landmarks, landscapes, florals, butterflies, birds, and portraits, provide a varied tapestry of subject matter.

Sanibel Captiva Art league invites all residents and visitors to attend the monthly meetings, as well as to participate in Thursday morning weekly paint-outs at a variety of local locations.

For more information about the league and its programs, visit online at www.sancapart.com.☆

Captiva Island Historical Society

Looking Back: Herbert And Hattie Brainerd

his week's image is Herbert and Hattie Brainerd by a shell fountain near the Gore Hotel on Captiva. The post office was located at the front of the hotel, and Hattie was the second postmistress on Captiva.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane on Captiva and open during library hours.

Visit the Captiva Island Historical Society website www. captivaislandhistoricalsociety.org/archives/ research to view many more images to bring you closer to Captiva.☆



Herbert and Hattie Brainerd Captiva Island Historical Society Archives

Poet's Corner



from local poets. Anyone interested may submit their work via email to tutsie@centurylink. net. Each week, individual work will be showcased.

We invite

submissions

selected by Tanya Hochschild

The Nairobi Club - 1920s

by Tanya Hochschild

Was home from home and more than that,

a place where gentlemen - sirs, earls, a baron or two -

met other fellows of power and

for a "splash" at sunset, waited on by white-jacketed servants in

leather and deep mahogany wood or sipped in the lounge with aristocratic ladies.

in a masculine room of Morrocan

bolters all,

in front of a fireplace with their gins and T, and more than that.

Looked out on acres of green lawns, a corner of england in a foreign land, despite African trees - acacias and fevers.

The club,

where colonials raised eyebrows at small and big indiscretions

as they would have back in the surrey countryside.

Jealousies and infidelities coursed through the membership, tensions lurked in the club. But rules kept the surface of society

It was, you see, home from home. And more than that – an outpost of the

British Empire.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.☆

Dual Author Book Signings

n Saturday, February 25 from 11 a.m. to 1 p.m. at MacIntosh Books, two local authors will sign their latest books.

Retired Minnesota surgeon and long-time Sanibel resident Bob Maxeiner will offer his novel, The Transplant Web, a suspenseful tale of the early days of heart transplants. It will be of special interest to anyone attuned to the critical need for organ donors.

Maxeiner has also published Wild Asparagus, a book of short stories. In addition to his fiction writing, he is an active playwright with several of his works presented on local stages.

Also signing his latest suspense novel, The Secret of Keystone City, will be fellow Sanibel Writers Group member Bill

Hallstead. His first novel was the 31st book in the famous Hardy Boys series. Since that debut in the 1980s, Hallstead has had more than 30 books published, including co-authored biographies of two Fort Myers residents who narrowly escaped the Holocaust.

Hallstead's recent suspense novels include Hard Days In Paradise, in which Philadelphia private investigator Rod Montgomery is reluctantly urged to Florida to help his crooked ex-partner fight a murder rap; River of Madness, in which a scientist and his wife enjoy the serenity of their isolated Amazon research station until the amoral nephew of the station's sponsor arrives; and Pursuit of the Weapon From Hell, in which a U.S.-proposed atomic weapon is so potentially devastating that its development is abandoned (true incident).

MacIntosh Books is located at 2330 Palm Ridge Road, across from CVS

Book Review

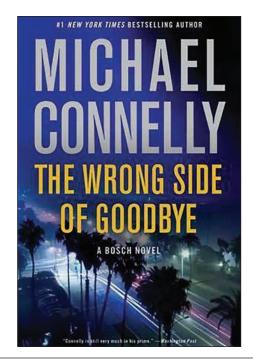
The Wrong Side Of Goodbye



by Di Saggau

'ichael Connelly's Harry Bosch novels have a way of referring to earlier ones in the series. For this reason, I am glad that I read both The Burning Room

and The Crossing before picking up The Wrong Side of Goodbye. Connelly is a master at storytelling and mystery plotting. As the book opens, Bosch still faces hostilities from the Los Angeles Police Department because he won a



lawsuit against it for forcing him into early retirement. Now he has a new police job, working for the City of San Fernando, a small enclave inside Los Angeles with its own small police force. A perfect hide-out for the a loner like Harry.

He takes a commission from a very old and very wealthy recluse Whitney Vance. Fifty years ago, Vance was in love with a Mexican girl named Vibiana. She became pregnant and the Vance family separated him from her forever. Now in his mid-80s, Vance has no known heirs and wants Harry to find out if there are any. Since the book begins with a Vietnam-era prologue in which a young man, shot down in a helicopter, cries out the name "Vibiana," we are sure there are heirs somewhere.

In addition to working on the Vance-Vibiana case, Harry is also working on a rapist-murderer case about a man who gets into women's

houses by cutting window screens. The case is called "Screen Cutter," a nickname for the masked attacker who has assaulted at least four women in the area. Readers experience the stressful chaos of Harry's overloaded and divided life. One minute he's bending the rules and using law enforcement databases to check listings for Vibiana; the next he's chasing down leads to find the Screen Cutter.

There is a wonderful passage in the book where Bosch loses himself in a memory of the singer Connie Stevens, performing a Christmas show in 1969 for wounded servicemen on a hospital ship in the South China Sea. She's there with Bob Hope and Harry is there, too. It's a powerful moment. One of the things that Connelly seems to love best is Los Angeles's freeway system and this book really takes Harry traveling. The Wrong Side of Goodbye is swift, unpredictable and thrilling.

School Smart



by Shelley M. Greggs, NCSP

Shelley, My daughter who is in fourth grade was just identified with a learning disability. She knows that she will have some special teachers who

will help her, but she's afraid of talking about this with her friends and others whom she worries will judge her. How can I help her?

Elena V., Cape Coral

Elena,

You have asked a very important question. Kids need to learn how to talk about their learning disabilities and as a parent, you can teach them how to do this. For a child to open up about learning differently is challenging, but with practice, the rewards can be significant.

Experts say that a very short explanation such as "I learn differently," can set the stage for understanding. Children with learning issues must learn how to speak up and these three simple but powerful words can lead to discussions with peers, teachers and others that will help them begin to understand the child's learning difficulties.

When you're a child who's struggling to stay afloat, drawing attention to yourself is scary. It's very understandable that a child would be reluctant to open up about her learning needs, so support from home can help get the conversation started. You can model good advocacy skills by talking with your child and letting her see you talk to others about learning differences frankly and comfortably.

If your child is uncomfortable talking to others about her learning issues, have a conversation about what's bothering her. Frequently children feel embarrassed or ashamed of being "different." Take this as an opportunity to reassure her and talk through her fears or doubts. You'll both feel better and you'll have the information

you need to support her emotionally, as well as academically. Help her to come up with a script to explain her situation. When she feels ready, practice what she's going to say a few times at home. This way you can be sure she's sharing useful information and give her a chance to rehearse in a safe, non-judgmental environment.

It's also very important that your child has a strong understanding of her specific learning disability. She should be able to name it and describe it. Not all kids with learning issues are the same, so encourage your child to spell out the ways her LD affects her personally. For example, at school, even though teachers should have the information, she can say, "I have an auditory processing disorder." "It's hard for me to hear when there's a lot of background noise, so sometimes I miss parts of the lecture." If your child has habits or strategies she uses to manage her LD that don't necessarily look like what they are, encourage her to let the teacher know. For example, "I pay attention best when my hands are occupied, so I draw all through class." This type of detailed information will give teachers a head start

on providing the best support.

Make sure that your child knows her strengths as well. Encourage her not to just recite a list of things she can't do, but to talk about things she's good at, too, and her interests. This will boost her self-esteem, and it may help the teacher place her in activities that allow her to demonstrate her strengths.

Teaching your child how to speak up about her learning issues and helping her develop the confidence she needs to advocate for herself will lead to personal and academic success. You'll be giving her the tools she needs for a brighter and better future.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.

BIG ARTS Monday Night Film Series Dark Horse

by Di Saggau

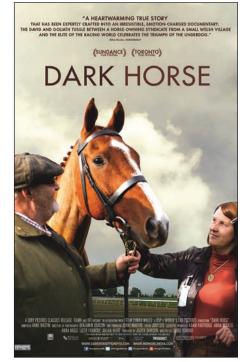
€ BIG ARTS he BIG ARTS Monday Night Movie for February 20 is Dark Horse, a lovable documentary that takes an utterly charming look at the unlikely success of a racehorse bred by a barmaid in a down-and-out Welsh mining village. Director Louise Osmond won an audience award at Sundance for this film.

Barmaid Janet Vokes knew she needed financial help, so she talked 23 of her friends and neighbors into joining her. They formed a collective, which they called The Syndicate, and chipped in 10 pounds a week for the horse's expenses. With the money, they purchased a mare that had never won a race and a stallion that didn't have a high price tag. Soon, there was a foal that they named Dream Alliance.

Dark Horse is the story of that foal's journey through the class barrier to challenge some thoroughbreds. With him went the hopes of a depressed former coal mining town suffering from pit closures of the 1980s and the absence of financial alternatives. Over the course of a decade, there are ups and downs to the story and you can probably figure out what happens... but knowing the outcome of the story doesn't take away from its pleasures.

This is a story of of warmth and comedy. Mixing cheery oral testimonies from the many owners and some archive material, Osmond creates a film with natural storytellers. Captured in pub, living room, hair salon and shed, their recollections of what took place reinforce Osmond's focus on self-described commoners who prove that scrappiness and horse sense are underrated qualities. Dark Horse is told with sentimentality, featuring shots of horses frolicking in fields set against beautiful string music by Anne Nikitin. The effect is disarming and endearing.

One of the film's deep pleasures is



the friendship and solidarity shared by these Welsh folk. They are warmspirited and loyal to each other through thick and thin. Their loyalty extends to Dream Alliance. When he needed expensive help late in the story, they are ready to put up their winnings, saying the money really belongs to the horse. Dark Horse is a life-affirming underdog story that will touch the hearts of anyone who has dared to dream. It runs 85 minutes. Moderator for the evening is Rob Raab.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the Island Sun. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS. org, at the door or by calling 395-

0900.☆



Daedalus Quartet



Emerson String Quartet

From page 1

Music Festival

information and a brochure, contact the festival's hot line at 344-7025 or go online at www.sanibelmusicfestival.org. Tickets may be ordered online. Single tickets are available at Bank of the Islands, 1699 Periwinkle Way, and Sanibel Captiva Community Bank, 2477 Library Way.

Saturday, March 4, \$45 **Brentano String Quartet**

The Brentano is an American string quartet, founded at Juilliard in 1992. Within a year of its public concert debut, it had received the Naumberg Award and the Martin Segal Prize. The quartet became the first ensemble-in-residence at Princeton University, a position it held from 1999 to 2014. It is now the faculty quartet-inresidence at the Yale School of Music, succeeding the Tokyo String Quartet. The quartet performs all over the world, from Carnegie Hall to the Edinburgh Festival to the Sydney Opera House. It also records widely. In the critically acclaimed independent film, A Late Quartet, the filmmakers turned to the Brentano for the central music, Beethoven's Opus 131. Sponsored by Clare and Ted Sawyer and Festival Friends.

Tuesday, March 7, \$45 Eric Lu, Piano

Eric Lu, age 19, is rapidly building an international reputation as a young pianist with enormous promise and a distinctive musical voice. A native of the Boston area, he was admitted at age 15 to the Curtis Institute of Music in Philadelphia where he currently studies. He won first prize in the 2015 National Chopin Competition

in Miami (where he also received the best concerto prize), and the IX Moscow International Chopin Competition for Young Pianists. At 17, Lu won the 4th prize at the 17th International Frederik Chopin competition in Warsaw, becoming one of the youngest winners in the history of the competition. Earlier awards include first prizes at the Ettlinger International and the Minnesota Junior Competition. Sponsored by Pat and Davis Thurber.

Saturday, March 11, \$45

Daedalus Quartet

Since winning the top prize in the Banff International String Quartet Competition in 2001, the Daedalus has established itself as a leader among the new generation of string ensembles. Its members hold degrees from the Juilliard School, Curtis Institute, Cleveland Institute and Harvard University. The Daedalus has performed in many leading musical venues, including Carnegie Hall, Lincoln Center, Boston's Gardner Museum and all of the major Canadian venues. Abroad, they have been heard in famed locations such as the Musikverein in Vienna, the Mozarteum in Salzburg, and the Concertgebouw in Amsterdam. They have impressed critics and listeners alike with the security, interpretive ability and sheer gusto of their performance. Sponsored by Bunny and Joel Ospa.

Tuesday, March 14, \$45 Boston Chamber Music Society With Ann Hobson Pilot, Harp

Returning to the festival, this ensemble of versatile musicians comes together in different instrumental combinations to perform chamber music. This year, a new violinist, pianist and oboist join them. The Boston Globe calls them "vivid, compelling



Boston Chamber Music Society With Ann Hobson Pilot, Harp





Opera Theater of Connecticut

and first-rate." They are New England's longest-running chamber music society, and they have built a reputation for impassioned performances, with a perfect combination of control and freedom. Sponsored by Janet and Joseph Davie and Gene and Lee Seidler.

Saturday, March 18, \$50

Emerson String QuartetThe Emerson stands apart in the history of string quartets with an unparalleled list of achievements over three decades: More than 30 acclaimed recordings, nine Grammys (including two for Best Classical album), three Gramophone Awards, the Avery Fisher Prize and Musical America's Ensemble of the Year. They were inducted into the Classical Music Hall of Fame in 2010. Formed in 1976, the quartet took its name from American poet Ralph Waldo Emerson. Violinists Eugene Druker and Philip Setzer alternate in the first chair position. They are joined by violist Lawrence Dutton and new cellist Paul Watkins, who replaced founding cellist David Finckel, who retired in 2015. The quartet approaches classical and contemporary repertoire with equal mastery and enthusiasm. Time magazine called them "America's greatest quartet."
Sponsored by Sue and Tom Pick.
Tuesday, March 21, \$45

Music by George and Ira Gershwin

George Gershwin began composing in Tin Pan Alley at the age of 18. His older brother, Ira, later wrote lyrics under a pseudonym, not wanting to trade off George's success. The brothers

collaborated for the first time in 1921, and in 1924, they wrote their first Broadway hit, Lady Be Good. Twelve Broadway hits followed, until George's untimely death from a brain tumor in 1937. Ira later teamed up with such accomplished composers as Jerome Kern, Kurt Weill and Harold Arlen. His mastery of song writing has often been overshadowed by the success he and George had together. Selections from their classic songs will be performed by an exciting young cast of singing actors, with piano accompaniment. Sponsored by the LAT Foundation.

Saturday, March 25, \$45 Opera Theater of Connecticut -French Composers

French opera is second only to Italian opera in the length, breadth and diversity of its history. Yet most of us could think of only a handful of titles – Carmen, Faust, Pelleas et Melisande, Samson et Dalila. It began in the 17th century and is still very much alive. It includes everything from grand opera to operetta to comic opera. Opera Theater of Connecticut (ÔTC) will present selections from this rich tradition, sung by six young professional opera singers who are on the cusp of their national and international careers. Artistic Director Alan Mann will supplement each segment with supertitles and his witty commentary. OTC has broad educational outreach programs and brings affordable arts to underserved area. Sponsored by the Estate of Christine Johnson and Friends of

Upcoming Events At Sanibel Library

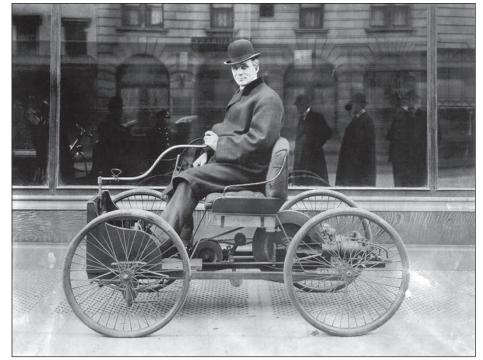
The Sanibel Public Library's weekly youth programs run through March 16, with the 3rd To 5th After-school Clique on Tuesdays at 3 p.m. The K-2 After-School Crew is held on Thursdays at 3 pm., snacks will be provided. Bessie the READ dog visits Thursdays at 4 pm. There are two "all ages" storytimes on Wednesdays, at 10 a.m. and at 1 p.m. The full youth program schedule can be found in the calendar on the library's website at www.sanlib.org.

At 9:30 a.m. on Friday, February 17, the Florida Department of Environmental Protection is having a public workshop on Total Maximum Daily Loads (TMDLs) for waters of the Sanibel Slough in the Charlotte Harbor Basin.

Duane E. Shaffer of Sanibel Public Library presents The Battle of Saipan at 10 a.m. on Friday, February 17. The Battle of Saipan was part of the 1944 Pacific campaign of World War II, fought in the Mariana Islands.

Ross Hauser, MD and Marion Hauser, MS, RD of the Caring Medical Regenerative Medicine Clinic present a talk on pain treatments at 2 p.m. on February 17.

At 2 p.m. on Monday, February 20, John Raffensperger, MD presents The Real Sherlock Holmes and the Medical Life of Arthur Conan Doyle for lovers



Henry Ford demonstrating his Ford Quadricycle

of the great detective.

The Edison & Ford Winter Estates antique automotive curator James Moss will present a program at 2 p.m. on Tuesday, February 21. Moss, a retired Lee County school teacher, will review Henry Ford's work in developing internal combustion engines. He repairs and maintains the vehicles at the Estates, including a recent project – building a replica of the original 1896

photo courtesy Sanibel Public Library

Ford Quadricycle.

Art curator and restoration expert Jeremy Fogg presents a program about Edmund C. Tarbell on Wednesday, February 22 at 1 p.m. Fogg is a painting conservator and manager of Anthony Moore Painting Conservation in York, Maine. After restoring many Tarbell paintings, Fogg curated the Portsmouth Historical Society's, Illuminating Tarbell: Life and Art on

the Piscataqua exhibit. The critically acclaimed show featured 57 works of Tarbell, one of the major American impressionist painters and the leader of the Boston School. The exhibit and catalogue documented Tarbell's life and art with family photographs, letters and ephemera. Last year, a painting rolled up for nearly a century, Woman with an Oar and a Gentleman, was unveiled after months of restoration work by Fogg and the Anthony Moore Painting Conservation. It was found in the Tarbell family archives, and is the twin of a smaller Tarbell painting that is part of the White House's own collection.

Readers are invited to come to the library to talk about bestseller *The Little Paris Bookshop* by Nina George, the focus of the 2 p.m. Wednesday, February 22 book discussion. In March, the group will review Fredrik Backman's *A Man Called Ove* and in April, they will read *My Name Is Lucy Barton* by Elizabeth Strout.

From 9 a.m. to 5 p.m. on Thursday, February 23, representatives from the Lee County Supervisor of Elections office will be available in the library for voter information.

At 10 a.m. on Friday, February 24, Shaffer will present a program about World War II: The Battle of Peleliu.

Also this month, the library is exhibiting more than 30 works by the Periwinkle Carvers of Sanibel.

There is no registration required and no cost to participate. For more information, call 472-2483 or visit www.sanlib.org.☆



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VOL. 24, NO. 34 SANIBEL & CAPTIVA ISLANDS, FLORIDA FEBRUARY 17, 2017



Members of The Sanibel School's Lighthouse Leadership Team met with members of the Sanibel City Council last week at MacKenzie Hall

Lighthouse Leadership Team Learns About Community Engagement

by Jeff Lysiak

newly-expanded student organization at The Sanibel School, the Lighthouse Leadership Team, is bringing together students from several grade levels Ato learn more about becoming engaged in activities to improve the island

According to Assistant Principal Jamie Reed, the school previously had established continued on page 14B

Fundraising Extravaganza For FISH Of SanCap

by Jeff Lysiak

ions and tigers and bears... and FISH. Oh my! The largest fundraiser of the season for Friends In Service Here (FISH) of Sanibel-Captiva - dubbed Go FISH - returns next month to The Sanctuary Golf Club. This year's extravaganza, to be held on Sunday,

March 5 beginning at 5:30 p.m., will be based upon the 1939 movie classic The Wizard of Oz.
Students from The Sanibel School's

performing arts program, along with members of FISH's board of directors, will provide entertainment throughout the evening. The gala will also include cocktails and appetizers, a sit-down dinner, a raffle drawing and both live and silent auctions.

"All sponsorships, auction items and continued on page 10B



Jim and Patty Sprankle, along with FISH of SanCap's Maggi Feiner, pose next to Sprankle's hand-carved sculpture that will be auctioned at the fundraiser photo by Jeff Lysiak

Homes On Tour Reflect Owners' Unique Lives



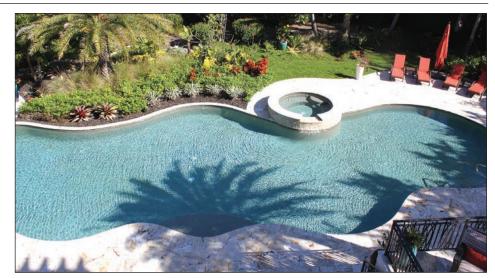
The Hauser home, Mediterranean-style with stone cladding

photos provided

submitted by Sue Denham

onta's 16th annual home tour, A Peek at the Unique, is set for Saturday, March 11. Attendees,

called "Peekers," ride on buses in airconditioned comfort with a guide, and visit four unique island homes during the three-hour tour. Tickets for afternoon departures are still available: send an



The Hausers' pool, beautifully refurbished after the fire

email to ZontaPeekTickets2017@gmail.

Two of the four homes featured on this renowned event that raises funds to help women and girls have homeowners who - for different reasons - poured their hearts into creating something

Chicago natives Ross and Marion Hauser had lost their original Sanibel home to fire in June 2012. After a period of mourning, they felt inspired to rebuild. The couple created a spacious, Mediterranean-style residence, reassuringly long-lasting with its structure of poured concrete and a façade of stone from a quarry in Wisconsin.

The Hausers publish a regular column Doctor and Dietitian – in the Island Sun, operate a medical clinic in Fort Myers and love to share their home with family and friends. The open design,

continued on page 3B





The Sanibel Captiva Trust Company **Speaker Series**

All Programs are held from 9:30 - 11:30 AM The Sanctuary Golf Club | 2801 Wulfert Road | Sanibel Island Hosted by Robin L. Cook and Steven V. Greenstein - Wealth Services

TUESDAY, FEBRUARY 28 (Ladies Program)

The Art of Reading the Wall Street Journal

· AMY A. LORD, CFA, Portfolio Manager, Suncoast Equity Management Join us for this fun and interactive workshop. Amy Lord will demonstrate some easy steps to help you glean what you need to know from this wealth of information, as well as other investment strategies.

WEDNESDAY, MARCH 22 (Open to Men & Women)

"Tips or Tricks?" How To Invest With Confidence

• TIMOTHY P. VICK, Senior Vice President/Senior Portfolio Manager, The Trust Company

Join Tim Vick as he helps turn potential investment traps into opportunities, and highlights ways to bring discipline to your financial decision-making.

TUESDAY, APRIL 11 (Ladies Program)

"A Beautiful Friendship" Long-term Care & Finance

- · SAMIRA K. BECKWITH, Director, Hope HealthCare Services
- ROBIN L. COOK, Executive Vice President, The Trust Company

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Your United Way's 60th Campaign

submitted by Linda and Tom Uhler, 2016-17 United Way Campaign Chairs

ixty years ago, a group of business owners formed a committee to Dexplore establishing a United Fund in Lee County, an idea that had been successful in many communities. Rather than having a large number of separate fundraising campaigns throughout the year, businesses and individuals could give one time in a drive that would finance organizations that were charitable, welfare, character-building or service-oriented in nature. Five agencies with the largest fundraising drives agreed to be part of the first effort – Boy Scouts, Girl Scouts, Salvation Army, Red Cross and the Humane Society.

That first campaign had a theme: Give The United Way - Once For All 5. It had a goal of \$65,000. Five hundred volunteers were recruited to solicit businesses and neighborhoods throughout the county and, within six weeks, the goal was exceeded. Sanibel and Captiva residents organized and contributed to the fundraising success.

When that first campaign began, The News Press wrote that if it was successful, the idea would snowball. And it has! As our population has soared, the need for human services has also grown. From Give Once For All Five 60 years ago, donors this year will be able to Give Once For All 87. Funds raised will be allocated to 87 United Way partner agencies which provide services to more than 300,000 people. These organizations range from those that offer a safety net for people in need, to scouting, to programs that help families cope with illnesses such as Alzheimer's and Parkinson's disease. The agencies have been evaluated by teams of community volunteers who assess performance and thoroughly study agency budgets to make sure contributions are spent efficiently and with maximum impact.

Our local United Way is also a convener of solutions. Perhaps you know of 211. Over 2,500 families a month get easy access to the services they need - and may not be aware of – with one phone call to 211. There is also Mission United, which provides similar assistance to the active duty military and veterans in our



Tom and Linda Uhler

photo courtesy United Way

community. The VITA program helps working families to file tax returns; refunds to those using this free service totaled nearly \$4.7 million last year, money that came back and was spent right here.

These are just a few examples of how United Way works to address issues and solve problems.

Perhaps most impressive is that all of this is accomplished with extremely low fundraising costs. Over 90 cents of your donated dollar goes directly to those in need. Our United Way has achieved a 4-Star rating from Charity Navigator, the highest ranking given to non-profits.

Because we believe strongly in United Way's mission and the accountability with which it uses its resources, we are pleased to be two of six past campaign chairs who have come back on board to head the 60th United Way campaign.

For 60 years, United Way has made our community a better place to live and

For 60 years, the residents of Sanibel and Captiva have believed in giving the United Way. Won't you join with us in continuing that tradition by making a contribution today? Your gift will be combined with thousands of others, magnifying and multiplying its power.

Together, we can do more than we can alone. Together, we can change lives for

the better. Together, we can Live United.
Please join us in the campaign by returning your Sanibel-Captiva United Way Campaign pledge form you received in the mail, or you can give securely online at www.UnitedWayLee.org/donate.☆

CASI * The Condominium Associations of Sanibel, Inc.

Breakfast with City Manager Judie Zimomra

sponsored by Bank of the Islands

Sundial Beach Resort * Tuesday, February 21st 8:00 Registration * 8:30 Breakfast Buffet * 9:00 The City Manager \$15 for condominium owners & staff * \$30 all others For reservations call 334-2138 or e-mail suitors@earthlink.net by Friday, Feb. 17 From page 1B

Homes On Tour

with luxurious seating and extensive views of Sanibel's longest private pool (reclaimed after the fire and now encircled by Italian travertine and lush landscaping) facilitates gracious

entertaining.
Marion Hauser, a gourmet cook, designed a chef's kitchen with New England cabinets, top-of-the-line appliances, a wine cooler and multiple refrigerator drawers for fruits and vegetables. The couple named their home "Sorridi!" - which translates to "Smile!" in Italian – reflecting their love of Italy and new beginnings. This stunning Peek home is sponsored by its builder, long-time Zonta supporter Kirchner Contracting, Inc.

In 2015, Wendy and Roddy West purchased a 1980s home on Dinkins Bayou, and envisioned a setting that would reflect their travels, crafts and interests. First, they gutted the structure, opening it to the breezes and shade the location offered. The airy, open floor plan is the perfect backdrop for the Wests' collections of works by local and nationally-recognized artists, indigenous art and crafts collected during their extensive travels, and their own creations - hooked rugs by Wendy and hand-crafted furniture by Roddy.

Their art collection features works by painters from Minnesota, Florida and New York. Fabric items are creatively used as décor, from an antique wedding



The entry to the Wests' home features hand-crafted stair risers and a hooked rug

dress acquired in Ahmedabad, India, to huipils (traditional tunics) from Guatemala. Wendy's colorful rugs and tapestries enliven walls and floors throughout. Roddy crafted the entry staircase from sapele, an African mahogany, and built tables, the bench in the foyer and more. From her desk with a wall of window, Wendy can hear osprey calling from their platform and says she lives "in a tree house."

This home is sponsored by its paint company, John Grey Painting, also a long-time Zonta supporter.

All proceeds are awarded in grants, through Zonta's foundation, to local organizations whose programs seek to empower women and girls, and



A doll in traditional wedding attire from the Wests' travels in India

to Zonta International for its global initiatives. The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds on the islands, in Lee County and around the world. For more information, visit www.zontasancap.

Buying, Selling or just want to chat... Talk to Chuck.

Commercial on Tamiami Trail



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(A) \$999,500 (B) \$400,000

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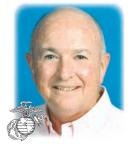
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From left, Kiwanian Ed Ridelhoover, Il Cielo General Manager Marcus Preece, Il Ceilo Chef Allen Casy, Kiwanis President Chris Heidrick and Kiwanian Pete Bender with the sponsorship banner photo provided

New Gold Level Sponsor For Spaghetti Dinner

Il Cielo Restaurant is a new Gold level sponsor for the 2017 Kiwanis Spaghetti Dinner to be held on Saturday, February 25 at The Community House. Under ownership and leadership of the Boler family, Il Ceilo has become one of the island's premiere restaurants,

with a reputation for serving creative American cuisine.

Kiwanis President Chris Heidrick welcomed Il Ceilo to the growing list of spaghetti dinner sponsors and supporters. Heidrick said, "Kiwanis is honored to have Il Cielo join the Spaghetti Dinner Team at a leadership level. Although the pasta dinners Kiwanis serves up will never be in the same league as Il Cielo's menu, our two organizations share a commitment to serving island youth."

ABWA Meeting

n Tuesday, February 21, American Business Women's Association (ABWA) Sanibel Captiva Charter Chapter will present Donna Puma, who will speak about The Enjoyment of Career Changing in Southwest Florida. She currently serves as chair of the board of directors for the Sanibel & Captiva Islands Chamber of Commerce. All are invited to attend the meeting.

Puma, along with her husband Tom and daughter Stephanie, moved to Southwest Florida in 2006 after vacationing on Sanibel for many years. They changed professional and corporate careers for the ownership of Sanibel's popular ice cream business Pinocchio's Original Italian Ice Cream, located on the historic east end of the island. They have owned Pinocchio's since 2007, expanded the growth of the business in 2012 and added a second business, Geppetto's Beach Foodies, a croissant bakery offering a niche catering menu and grab and go beach cuisine. Donna and Tom have also successfully registered the trademark for their Pinocchio's brand of frozen confections and they franchised their brand in April, 2012 with the first franchise store in Greenwood, Indiana owned and operated as a woman owned business under the leadership of Mandy McGovern.

Prior to Pinocchio's, the Puma family resided in Putnam County, New York where Tom practiced dentistry and Donna was a Global IT Consultant for IBM, leading a team across North America and Europe providing business transformation strategies and analysis of global market



Donna Puma

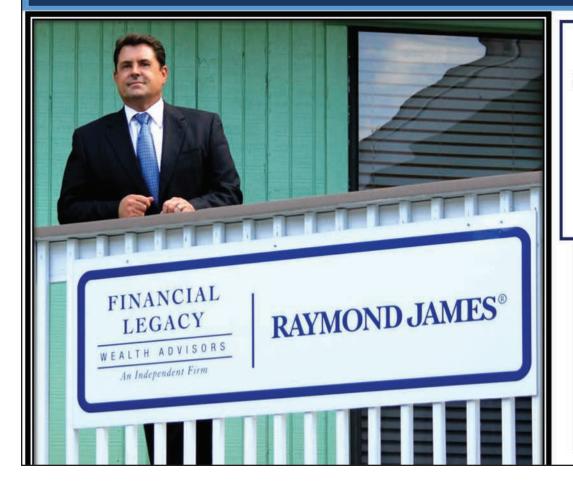
photo courtesy ABWA

trends for IBM Global clients. Donna supported state and government agencies and private sector clients including Kraft Foods, Sara Lee, ING Financial Services and Technicolor. It was her eight-year assignment at Technicolor that lead her to support her client in Paris, France – a city that inspired her love of history, art and above all, food.

The Pumas spend their "Sanibel Downtime" each year in Tuscany, where they work with gelato artisans, chefs and chocolatiers while always looking to bring back something new to our islands.

ABWA's Sanibel Captiva Charter Chapter meets on the second Tuesday of every month at Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive on Sanibel. Networking begins at 5:30 p.m., followed by dinner, business meeting and speaker/program at 6 p.m. To register, call Gail Estka at 395-9011 or visit www. abwasaibelcaptivaor/2017-monthlymeetings.

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Here's the February white stuff on Sanibel



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Nutmeg Village #303 Top-floor 2 bedroom in residential complex with covered parking & storeroom. \$799K



Loggerhead Cay #264 Top-floor gulf-view 2 bedroom with wellestablished income stream. \$598.3K



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Beachcomber #A102 2600 sq. ft. east-end condo facing beach/ gulf, covered parking below. \$1.495M



Cottage Colony West #119 Beach-front high-income-producer at Casa Ybel Resort with nightly rentals. \$674K



239 Daniel Drive Stunning Seagull Estates 3+bedroom home, community beach access. \$1.099M



537 Lake Murex Circle 3+bedroom lake-front pool home with elevator. Beach access near here. \$899K



2010 Sunrise Circle Large inland lakefront pool home. Get beach sticker, this is access #6. \$799K



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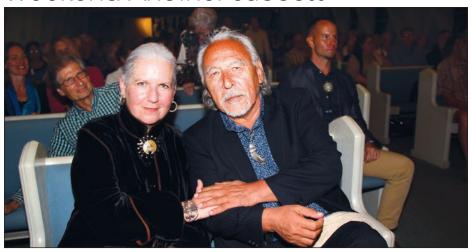


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Distinguished Lecture Weekend Another Success



Terry Tempest Williams and Angaangaq Angakkorsuaq ("Uncle") share a moment before photos by Carol Orr Hartman

submitted by Zoë Spanbroek

he Center for Environmental and Sustainability Education (CESE) is reported the success of the Rachel Carson Distinguished Lecture that Terry Tempest Williams gave to a captivated audience on Friday evening, February 3 at St. Michael and All Angels Church.

With over 400 guests in attendance, lecture-goers completely filled the church's Sanctuary and Parish Hall. Kat Epple's enchanting flute music set the tone for introductions by Rev. Ellen Sloan, CESE Director Peter Blaze Corcoran and a powerful invocation by Angaangaq Angakkorsuaq aka "Uncle," an Eskimo-Kalaallit elder, teacher, healer and shaman



Kat Epple sets the tone for the evening with her captivating flute music

from Greenland. He gave his message of the melting ice and sent out a call to our ancestors, seeking their guidance and giving them thanks for the wisdom they can offer us in these environmentally uncertain times.

Then, Terry Tempest Williams began speaking. Audience members were rapt by her lecture, entitled The Hour of Land: Rachel Carson and America's Protected Lands. With her recent bestseller, The Hour of Land, as a cornerstone for her thoughts, Williams spoke passionately about the wild places we hold dearparticularly our national parks - and how Rachel Carson's legacy continues to guide our reverence and respect for America's

Following the success of this year's Rachel Carson Distinguished Lecture, the center's fundraising efforts will be aided by Sanibel residents and long-time CESE supporters Mallory and Peter Haffenreffer and an anonymous donor, who have graciously renewed their Haffenreffer Challenge, which matches gifts to the center up to a total of \$6,000. The center relies on donors to help support its work in the community.

Funds from the Haffenreffer Challenge allow the center to continue engaging in programs such as Student Associates for a Greener Environment (SAGE), a mini-grant program that pairs faculty mentors with students interested in pursuing research, civic and education projects that center



Angaangaq Angakkorsuaq ("Uncle") calls upon the wisdom of our ancestors in his invocation



Terry Tempest Williams begins the Rachel Carson Distinguished Lecture with a smile

on sustainability. In addition to SAGE, the center has recently edited and produced a book, Envisioning Futures for Environmental and Sustainability Education. This publication is the most recent in a United Nations Decade of Education for Sustainable Development series funded by the Dutch government and is soon-to-be published by Wageningen Academic Publishers.

For more information about CESE programs and publications, visit www. fgcu.edu/cese. To make a contribution to the Haffenreffer Challenge, contact Peter Blaze Corcoran at 590-7166 or pcorcora@fgcu.edu.☆



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It's all about location! This remodeled home, with elevator and screened in pool is just a short stroll to the deeded beach access. Three bedrooms, two and a half baths with an office or den, metal roof and nearly 2,000 sa ft. You'll love the remodeled kitchen! Lushly landscaped double lot. If you love the beaches of Sanibel, you'll love the location of this home. This is truly a must see! OFFERED AT \$875,00

Charming 3 bed, 2 bath home located in The Dunes Golf & Tennis Community. Featuring tile floors throughout the living area, a wet bar in the great room & a beautiful, newly remodeled master bathroom. Kitchen offers granite counter tops & loads of storage. Enjoy tropical breezes & conservation land views as you relax with a book on your spacious, screened lanai. Covered parking & storage. OFFERED AT \$649,900

South Fort Myers location of Boardwalk Isles! Beautiful, split bedroom floor plan with 3beds/2baths, living/dining room, kitchen & family room with views of the sparkling pool. Enjoy the covered and screened lanai and pool area while you entertain family & friends. You'll love all the extras - vaulted ceilings, walk-in closets, fenced yard and 3-car garage. Gated & pet friendly community. **OFFERED AT 329,900**

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2016 Top Producer #3 Overall

2016 AJ Richter Award for Excellence - Mary Bondurant From page 1B

FISH Of SanCap

raffle basket proceeds directly benefit much needed programs, services and workshops of FISH of SanCap, the most comprehensive human social services servicing Sanibel and Captiva for almost 35 years," said Maggi Feiner, FISH president and CEO. "Our goal is to lend a helping hand... to help people become more self-sufficient."

One of the most anticipated auction items available during Go FISH 2017 is an original, hand-carved sculpture of a spotted trout, a gecko and underwater mangrove roots created by renowned wildfowl artist Jim Sprankle. The scale model sculpture was created specifically for the fundraiser.

"I usually don't carve fish as a rule, but I sort of thought it was appropriate," said Sprankle, whose heron carving raised \$18,000 for FISH at last year's gala. "My wife Patty and I enjoy supporting FISH and what the organization does, I've talked to lots of people on the island who have no idea that there are so many people in need

here on the islands."

"I think a lot of people who come here during season need to be aware that there is as much need here on Sanibel as there is across the causeway," added Patty Sprankle.

In addition to the original Sprankle carving, a number of other special auction items will be featured at the gala. They include:

• Basket-Full of Wine – Includes 1996 Saint Julien Chateau du Cru-Beaucailou Bordeaux, 2013 Waugh Cellars Pinot Noir, Al Alexandre Lenique Champagne Cuvee Excellence and 2007 Domaine Santa Duc Prestige des Hautes Garrigues.

• Best of Chicago – Trip includes choice of Broadway show with premium orchestra seats, dinner, three-night hotel accommodations with round-trip airfare for two, and other amenities.

• Golden Ocala – Winner will receive a two-night stay in a two-bedroom, 2.5-bath villa and two rounds of golf for a foursome at Golden Ocala Golf & Equestrian Club, a Ron Garl-designed championship golf course. Package includes greens fees and cart fees for two rounds of golf for a foursome (valid May $\underline{1}$ to December 31, 2017).

• Pinehurst Resort Golf – Package includes a three-night stay at Pinehurst Resort's Holly Inn, daily breakfast with airfare for two, three rounds of golf per person with cart and unlimited driving range access, and other amenities.

• Sip & Soar Through Napa
Valley – Package includes round-trip
coach airfare for two to San Francisco
or Oakland, a three-night stay in a
standard guest room at the Meritage
Resort and Spa in Napa Valley, a
hot air balloon ride for two over
Napa Valley, including a Champagne
breakfast, private tour and wine
tasting for two at Fontanella Family
Winery in Napa and at Jessup Cellars
in Yountville, Napa Valley, and six
consecutive hours of chauffeured luxury
sedan service.

• Handmade Ruby and Diamond Pendant – Jewelry includes a handmade ruby and diamond pendant set in 14K white gold, .38 carats of finely matched ruby and .26 carat of round diamonds on a 16-inch white gold necklace.

• Sweet Melissa's Café Private
Dinner – Experience the award-winning
Sweet Melissa's Café on Sanibel. Prize
includes dinner with wine pairing for
up to eight people. Executive Chef
Melissa Talmage challenges diners'
tastebuds to explore a creative menu
with an array of tastes, textures and
eclectic ingredients. The menu will be
co-designed by Chef Melissa and the

winning bidder. (Subject to availability from April 17 to November 19, 2017).

Programs offered by FISH of SanCap include Adult Dental Emergency Financial Assistance, Adult Education Scholarships, Adult Medical Emergency Financial Assistance, Youth Backpack Food Program, Community Education, Equipment For Loan, Food Pantry protein, paper and personal products, Food Pantry staples (milk, eggs, bread, etc.), Friendly Faces, Holiday Meal Baskets, Mammography, Meals by FISH, Rent and Utilities Emergency Financial Assistance, Senior Holiday Food, Financial Workshops and Health Seminars, Youth Dental Emergency Financial Assistance, Youth Field Trip Scholarships, Youth Homework Club Scholarships, Youth Medical Emergency Financial Assistance, Youth Skills Building Scholarships as well as Youth Summer Scholarships.

Tickets for gala are \$175 each. Sponsorship packages range from \$500 Gold FISH (with two event tickets) up to \$10,000 Angel FISH (with 10 tickets, VIP seating and a commemorative gift). For more information, call 472-4775 or visit www.fishofsancap.org.

People unable to attend the fundraiser but who may want to bid on one (or several) of the auction items available may contact FISH at info@fishofsancap.org or call Maggie Goldsmith at 472-4775 Monday through Friday from 9 a.m. to 4 p.m.*

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Asking price is \$2,350,000



SANIBEL EAST END: Spacious home with 3 bedrooms, 2 1/2 baths, screen enclosed heated pool, volume ceilings throughout, chefs kitchen, incredible bonus space with extra storage, 3 car garage and boat dockage. This home is located in the prestigious Kinzie Island, a private, gated community with private beach access on the East End of Sanibel, Association pool, tennis, pickle ball courts and beach access with cabana. An Island dream come true on Sanibel!

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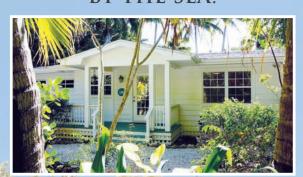
CANAL-FRONT LOT IN SHELL HARBOR



Here's your chance to build your dream canal front home on East End of Sanibel. This beautiful lot is surrounded by the Gulf of Mexico and Bay offers a seawall canal with dock and boat lift already in place. The private deeded beach access with parking is just moments away. One of the very few remaining canal lots on the Island!

Asking price is \$719,000

ADORABLE COTTAGE BY THE SEA!



Perfect floor plan for the family. Open kitchen, dining and living room, plus 4 bedrooms and 2 baths. Dreamy cottage style home with wood floors through out, high ceilings on a private, tropical lot. Watch the manatees and wildlife. Wonderful canal views, boating access to the Gulf of Mexico. Beach access close by.

Asking price is \$849,000



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The Active/ Passive Debate



Timothy P. Vick Senior Vice President, Director of Research - The Sanibel Captiva Trust Company

s 2016 was beset with surprises in financial markets, the chorus of voices - from Main

Street to Washington – challenging industry practices grew louder. Highly decorated fund managers posted below-average returns yet again while the entire hedge fund industry limped through its biblical seventh lean year of performance. Investors responded by removing tens of billions of dollars from these "active managers" and sought refuge in the lowest-cost packaged products such as index funds and exchange traded funds (ETFs).

Indeed, the investment industry so often gets evaluated on short-term raw statistics - just like a batting

average - that little emphasis gets placed on why the batting average might temporarily have dropped or was

Cause and effect, however, is not so clear, and the debate over industry performance misses a bigger point. In 2015, renowned strategist Jeremy Grantham analyzed returns of active managers since 1989 and discovered that the industry's performance was directly linked to managers' desire to diversify portfolios. It was not due to managers' dwindling skills, computerization, or to heightened competition, but instead may have arose out of a growing culture of protection. The typical manager, his firm wrote, does not hold a portfolio of 100 percent U.S. large-cap stocks that mimics the S&P 500, but intentionally spreads clients' assets into a combination of cash, bonds, small-cap stocks, and international investments to spread risks. In years when U.S. large-cap stocks outperform most asset classes (such as 2014, 2015 and 2016), the majority of professional managers lag the index. Conversely, in years when international investments or bonds shine, the study found that the majority of managers can beat the

What Grantham inadvertently discovered was that parts of our industry have slowly been adapting to the times. Back in the 1970s and 1980s, for example, few investors were obsessed on beating a benchmark; they willingly held their stocks for years, and by and large obtained pleasing returns. Slowly, the pendulum completely shifted. Today's investors are armed to the teeth with free information and can be overly obsessed with indexes and short-term performance – and to such an extent that they trade stocks, trade ETFs, and trade managers, at a nearrecord pace to chase returns.

The irony is, these same investors are getting older, and their financial plans now must take into account many factors that will influence asset allocation - such as the possibility of living past 90, the inability to absorb prolonged losses, tax and estate matters, and needing continuous income from their portfolios. To be sure, low-cost products such as index funds or ETFs can serve a role in managing a family's balance sheet. But they remain the means, not the end.

In our work with hundreds of families, we've found that the active vs. passive debate is mostly moot. A passively managed indexed portfolio that may have served risk-taking investors in their 40s has little practical relevance for retirees with complex income and wealth-preservation needs.

For those folks, advisors can add value by decoupling the portfolio from a static, "one-size-fits-all" model and instead custom-tailoring solutions as the family's needs change. We've found it best to develop "absolute-return" goals for a client, rather than try to chase the moving target of indexes. Setting an absolute goal - then hitting that goal over a multi-year period – is often more crucial to the client than whether the portfolio beat an index 30 percent of the time, or 50 percent, or 70 percent. Consider where you are in life and discuss what is best for you with your advisor.₩

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ealtor Bobbie McGlynn was Inamed the top producer for John Gee & Company for the month of January.☆



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Boost Your Credit Score Workshop

NSH of SanCap in partnership with Fifth Third Bank's Empower-U Program, is holding a Boost Your Credit Score Workshop on Tuesday, February 21 from 6:30 to 8 p.m. at the Sanibel Public Library's Meeting Room 4.

Participants will learn how to pull credit scores to determine where you are and how much damage control needs to done. Then, you will learn how to fix credit problems and better practices to fix and improve your credit score. A good credit score gives you freedom, makes it easier to get loans and makes you more attractive to employers.

This workshop is complimentary and open to the community. Light refreshments will be provided. To learn more and to RSVP, contact Nitza Lopez, case manager at FISH by calling 472-4775.☆



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From page 1B

Leadership Team



Assistant Principal Jamie Reed, center, handing out gloves and garbage bags to students during Friday's beach cleanup along the Sanibel Causeway photos provided

a student council group for middle schoolers. However, Principal Chuck Vilardi wanted to broaden the reach of the student council concept, offering pupils in the elementary school – grades three through five – an opportunity to become better unified with their older peers.

"We meet on the first Friday of every month and discuss the roles of leaders," explained Reed. "Then, the students go back to their respective classrooms and share what they've learned with their classmates. They get feedback and listen to new ideas others students might have. It teaches them the importance of their fellow students' input in making The Sanibel School better and stronger."

in making The Sanibel School better and stronger."

On February 10, the entire Lighthouse Leadership Team took a field trip to Sanibel City Hall where they met with members of the city council as well as other members of the city's infrastructure staff. At MacKenzie Hall, youngsters listened to Mayor Kevin Ruane, Vice Mayor Mick Denham and councilmen Jim Jennings, Marty Harrity and Chauncey Goss, all of whom shared details of their respective roles as local leaders.

"We have the greatest school, the greatest teachers and the greatest students... that's no baloney," Harrity told the group. "You're the greatest because you care about your community... Keep doing what you're doing because you are the future of this city."



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From left, Elaina Suslick, Tye Robison and Kira Zautcke strolling along the shoreline looking for litter

During their time at city hall, the council shared information on how ideas become laws, how laws are written and enforced, and how citizens can become a member of the city council.

Ruane asked the students why they decided to join the student council. One youngster, Joey McKinney, said that he joined because he and his family had recently moved to Sanibel, and he wanted to learn more about his new hometown. "I love how everybody here knows everybody else," McKinney noted. "It's a really close community."

The council members also enjoyed hearing from students who had previously lived elsewhere, each of whom shared what they love about living on Sanibel.

"It's great to live in Smalltown, USA, added Ruane. "It's better, it's closer, it's cozier and it's more friendly here."

After taking a tour of the city hall complex, the team of students traveled to the Sanibel Causeway and had lunch

Chet Sproles and Kenny Kouril picking up bottles, caps and other small debris found on the beach

before they divided into smaller groups to pick up litter along the shoreline.

"This beach cleanup was the first idea they had when discussing ways to get more involved in the community," said Reed. "Now they're brainstorming a number of new ideas about how they can become better involved with the city and how to become better citizens."

""

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Rare opportunity in a great neighborhood with approximately 19,000+ square foot lot in Geo Zone G, altered land, which will support 6000 square feet plus of impermeable space. Lot has a dock and 10,000lb boat lift in place with direct access and offers easy access for fishing from the

NW part of the island. A survey with calculations and elevation certificate has been ordered. Lot is relatively clear, so offers opportunity for building a large home in Caloosa Shores.

5251 Indian Ct., Sanibel, Florida \$789,000





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What Goes Up Must Come Down



by Marcia Feeney

oday's new homes of large rooms with soaring ceilings and expanses of glass can present daunting challenges to even the most creative homeowners. Since most residential

furniture is no more than three to four feet high, a common decorating dilemma is what to do with all the "nothingness" above that level. Additionally, guests are always more comfortable when the scale is felt to be more relative to the human

One solution - ceiling height can be visually lowered by applying a molding

on the wall below the ceiling. A rule of thumb is to place the molding at about the nine-foot level. The wall above this detail is then painted the color of the ceiling, thus lowering its perceived height. This can even be done on the gable end of a vaulted room.

Since light colors appear to recede and dark colors advance, a ceiling will also look lower if painted a deeper hue of the wall color. But don't use too dark or too bright a color in a smaller room, as it may become oppressive. Light the lower areas of the room more intensively so that attention remains closer to eye level.

Drapery and window treatments in these rooms need to be carefully designed to insure the decorative interest of the design is at an optimum height. Framed wall art, mirrors and tapestries serve to focus interest at a mid-level height, while corner voids can be filled with botanicals, decorative screens or a

Volume ceilings in bedrooms can be transformed into a cozier scale through the careful use of canopy bed treatments, an architectural treatment to the ceiling or painting the ceiling a deeper color than the walls.

Kitchens can be brought into a more human scale through the careful use of wall coverings and accessories. The inclusion of crown moldings at the top of cabinets serves to suggest that the ceiling is at that level. A slightly darker color than the walls will again help to fool the

The reverse of the ultra-high ceiling situation is the standard eight foot ceiling needing an updating "lift." Vertically striped wall coverings lead the eye to the ceiling which can be used to further expand the height of the room. Crown moldings are a wonderful way to lift attention to ceilings. For a low ceiling,

crown molding can extend more on the ceiling than on the wall by simply having the molding reversed when installed. Paint the molding only a shade lighter or darker (but with more sheen) than the wall to avoid defining the ceiling too sharply.

Don't overlook the effects of lighting. Chandeliers and sconces which reflect up onto the ceiling and are just a bit brighter than the rest of the room will give you the feeling of a larger space.

Ceilings should be an important and attractive part of your design plan. A little bit of thought and creativity can add a whole new dimension to your rooms.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecden.com.☆

Trust Company Sponsors Zontá Home Tours

he Sanibel Captiva Trust Company returns as a sponsor of A Peek at the Unique, a special tour of select island homes presented by the Zonta Club of Sanibel-Captiva. Now in its 16th year, the tour has become a signature fundraiser for the Zonta Club of Sanibel-Captiva and the Zonta Foundation of Southwest Florida.

"It's a sought-after day out for islanders, seasonal residents and visitors from off island," said Zonta President Barbara Beran, who also serves as Peek co-chair. "Every Zontian is part

of the effort and together with our sponsors, like the Sanibel Captiva Trust Company, we have been able to support our mission of improving women's lives and a pledge to Zonta International for its global initiatives."

"The cause of empowering women is so important. I work for a company that values women and we have several brilliant ladies here who serve as volunteers and leaders in our community," said Robin L. Cook, executive vice president at the Sanibel Captiva Trust Company. "I'm very pleased our firm is a supporter of this renowned home tour.'

A Peek at the Unique will be held on Saturday, March 11 and tickets are still available. Send an email to zontapeektickets2017@gmail.com. 🌣

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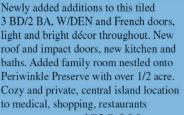


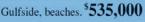


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Will Power

The Difference Between A Will And A Revocable Living Trust



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ccasionally, I am asked a basic estate planning question that I will review today, and that is the basic differences between estate-planning with a will as opposed to

estate planning with a revocable living

First, let's start off with the will. Many people wrongfully believe that if they have a will then their estate will avoid the probate process. Actually, all wills are subject to the probate process. Probate, you may not realize, is not a tax. It is the legal process wherein your last will is admitted to court, your personal representative is appointed, your estate is inventoried, your creditors are cleared, taxes are paid, accountings are filed and ultimately your beneficiaries receive their inheritance.

Every aspect of the probate process is administered in a probate court. This means that your will's contents and all of the other aspects regarding your estate are mostly open to the public. Anyone can go down to the courthouse and review the probate filings. In some

counties, the probate filings are also available on the Internet.

You may argue that your father, mother, spouse or other loved one died with a will and their estate did not go through a probate process. This might be true if everything was owned jointly. While in some estates joint ownership of assets might be a wise thing to do, joint ownership of assets often leads to more problems than it solves. Visit my firm's website - www.sbshlaw. com - and click on the Video Learning Center link to watch a video about the perils of joint ownership if you want to learn more about why placing all of your assets in joint name is generally not a wise idea if you are doing so to avoid the probate process.

Whereas wills are only useful upon your death, revocable living trusts can help you during your lifetime. A revocable living trust is a legal agreement made between a Settlor (you) and your trustee (also "you"). The agreement details how the trustee is to hold, invest and distribute the trust assets both during your lifetime and upon your death.

Many wrongfully assume that if they create a revocable living trust then they'll lose control over the assets that they've put into the trust. But this is

not the case. You usually serve as your own trustee, meaning that you control the assets. Because the terms of your revocable trust can be amended, you can change any of the terms governing the assets so long as you are alive and competent. You can spend every last dime of assets held in your trust and no one can object.

Generally speaking, you usually transfer most of your assets into your trust upon its creation. Failure to fully fund your assets into your revocable living trust could end up in a probate administration on those assets. This is why it is so very important to make sure that the titles on your bank and brokerage accounts, as well as the legal title on the deeds to your real estate indicates the trust (by way of the trustee of your trust) as the proper owner.

If you should become disabled, your trust names a successor trustee who can step in for you to write your checks, pay your bills and manage your investments. Your successor trustee can be your spouse or other loved

one. You may also name a bank or financial institution to help with these duties if you wish, although this is not a requirement.

Whenever you have a revocable living trust you usually also have a will, but the will doesn't usually say who gets what at your death. Instead, it "pours into" your trust. These are known as "pour over wills."

One of the advantages to a revocable living trust is that they are private, and are usually not subject to court supervision. While Florida law imposes requirements that your successor trustee must satisfy in the event of your death, most of those requirements do not require court filings. There is no trust inventory filed with a court, for example.

Anyone with any degree of net worth should consider implementing a trust. If you are a Florida resident, your trust should conform to Florida law. But that's another topic entirely.

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ISLAND SUN BUSINESS NEWSMAKERS

Top January Producers

Premier Sotheby's International Realty announced that Maxwell Thompson was named the top producer associate and top listing associate, while The Burns Team was named the top producing and top

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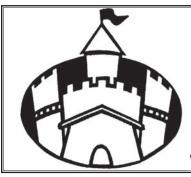


Thompson Maxwell

The Burns Team

listing associate team for the month of January. 🌣





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COTI Endorses Ruane and Denham for City Council

COTI's mission is to ensure the continuity of good local government, to protect the environment and to preserve the sanctuary character of our barrier island community.

In furtherance of this mission, we have traditionally endorsed candidates for local office when those candidates have exemplified qualities consistent with this COTI mission.

On March 7th, citizens of Sanibel will vote to fill three seats on the Sanibel City Council, each for a four-year term.

In deciding on endorsements for this election, we considered the candidates' demonstrated abilities in the following areas:

- Consistent support for the principles of the Sanibel Plan and Vision.
- Effective representation of the City's interests beyond the borders of Sanibel.
- Ability to work with others and to construct effective coalitions with leaders of other governments.
- Leadership and clarity of thinking regarding policy issues.
- Demonstrated work ethic regarding Council responsibilities.

We are pleased to announce that COTI is endorsing the following two candidates:

KEVIN RUANE. In his ten years on Council, Mr. Ruane has consistently demonstrated willingness to confront tough issues. As mayor for seven years, he effectively led to improve the City's financial condition and to aggressively deal with difficult water quality problems. He has represented Sanibel effectively by holding leadership positions with the South Florida Ecosystem Restoration Task Force, the Lee County Metropolitan Planning Organization, the Florida League of Mayors and many others.

MICK DENHAM. In his twelve years on Council, including terms as mayor and vice-mayor, Mr. Denham has proved time and time again his commitment to the values of the Sanibel Plan. He has aggressively fought for local control of fertilizer and other measures to reduce water nutrient pollution. He represents Sanibel effectively on the Regional Planning Commission and the Lee County Metropolitan Planning Organization.

Regardless of which candidates are elected on March 7, we remain committed to working with all members of the City Council in furtherance of COTI's mission and the best interests of our community.

Board of Directors, Committee of the Islands

COTI invites your input on this and other issues affecting our island. Send an email to coti@coti.org. To read our past commentaries on Island issues, visit our website at www.coti.org. Or visit Committee of the Islands on Facebook.

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Content approved in advance by Kevin Ruane and Mick Denham for Sanibel City Council.



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Locksmith Business Under New Ownership

by Jeff Lysiak

ne of Sanibel's oldest and most trusted businesses, Island Locksmith, is now under new ownership, having been purchased by long-time locals Joe Bowers and Holly Peeples in July of last year.

Originally opened in 1976, Island Locksmith offers its clients a wide variety of products and designs made by top-of-the-line manufacturers including Emtek, Baldwin and Schlage. The business has been



Joe Bowers and Holly Peeples are the new owners of Island Locksmith, a Sanibel business since 1976 photo provided

providing residential and commercial installation of new hardware, rekeying and master keying services for owners of condos, homes, complexes, offices and stores for more than 40 years.

Both of the business' new owners are well known to islanders. A veteran who served in Desert Shield/Desert Storm, Bowers previously worked with Royal Shell Vacation's maintenance division. His brother, Tom Bowers, and his mother, Sandra Meyers, also served in the military.

During Desert Shield/Desert Storm, Bowers was a mechanic/fireman who worked air crash rescue during his service. He is originally from Yakima, Washington and moved to Southwest Florida in 2013. He graduated from Universal Technical Institute in Phoenix, Arizona in 1989. After moving to Florida, Bowers worked for a private security company and has his security license for the state of Florida.

The marketing coordinator/office administrator for Karen Bell Realty on Captiva, Peeples moved to Fort Myers from Rhode Island in 1978. She grew up in Fort Myers, graduated from Florida SouthWestern State College in 1998 and attended Florida Gulf Coast University (FGCU), studying occupational therapy. During her second year at FGCU, she started working for Priscilla Murphy Real Estate as the office administrator for the causeway, Sanibel and Captiva office. She has worked for Bell for the past 15 years as her team's personal assistant, assisting in more than \$400 million in real estate transactions.

According to Bowers and Peeples, both of whom had been regular clients of Island Locksmith themselves, a chance encounter paved the way for the couple to purchase the business.

"When Joe and I heard (previous owners Terry and Cindy Moore) were selling Island Locksmith, we thought this was the perfect fit for us," recalled Peeples. "What a great business to build on and we have some great ideas for the future of our new small business."

Bowers and Peeples worked with Suzanne Specht, assistant director of the Small Business Development Center at FGCU to secure financing for their purchase of Island Locksmith. They also noted the great relationship with Bank of the Islands which also assisted with the purchase.

Since buying the business last summer, the couple has been busy meeting both long-time and first-time clients. In addition, they moved a few doors away from the previous location within The Village Shops, creating a beautiful, fresh new space to plant their roots.

"We have a completely remodeled showroom that's available for clients by appointment only, as locksmithing is 95 percent a mobile business," they added. "We have great options for updating and securing your island paradise. We are the only RX2 and Primus dealer in the area. We are also the only on-island locksmith that services both Sanibel and Captiva."

Both Bowers and Peeples reported that since taking over the business last year, all of their interactions with Island Locksmith customers have been positive.

"Joe and I pride ourselves in quality work and excel at giving the best customer service available... it's how we were raised," said Peeples. "We believe we have found our niche on the island and look forward to many years of servicing our community."

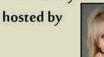
Island Locksmith is located in the rear of The Village Shops, 2340 Periwinkle Way in Unit J-3. They are open Monday through Friday from 9 a.m. to 5 p.m. but offer emergency service calls 24 hours a day, seven days a week. For more information, call 472-2394.*

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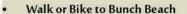


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From left, Helmut Peters, Dave Petrick, Tom Rizzo and Lucas Century photos courtesy SCCF

SCCF Tennis Tournament A Success

he 25th annual Sanibel-Captiva Conservation Foundation (SCCF) Tennis Tournament at The Dunes was a great success, according to organizers, participants and spectators. Some players had swung their rackets yearly in support of SCCF since the first event. It was an intimate gathering of old and new friends. Thanks were offered to sponsors, volunteers and players along with Nick Blackwood of the Blackwood Tennis Academy.☆



Barbara Chappell and Lucas Century celebrate a win

Hole In One



Susan Atkinson, visiting from Richmond, Virginia, aced the 118-yard 13th hole at Sanibel Island Golf Club. She was playing with John Atkinson and Fran and Ann Trzuskowski. It was Atkinson's first hole in one.





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Take In A Spring Training Game At Other Nearby Historic Ballparks



by Ed Frank

Tith upwards million invested here in recent years to build JetBlue Park for the Boston Red Sox and to completely remodel the CenturyLink Sports Complex for the

Minnesota Twins, these two facilities are among the very finest in all of baseball for Spring Training.

As tens of thousands of baseball fans flock to our area in the weeks ahead, these investments of public funds for the two ballparks have proven rich returns.

There are now 15 Major League teams that train in Florida and 15 that train in Arizona. And nearly every facility for these 30 teams have either been built anew or completely revamped.

For many years, we have written in detail the work involved in building the new JetBlue Park and the huge overhaul of the CenturyLink Sports Complex.

But if you're a baseball fan and want to take in a game or two during Spring Training at two other nearby facilities, you might want to travel to McKechnie Field in Bradenton and Ed Smith Stadium in

A howl went up this week by local residents in Bradenton when the name was changed from LECOM Park to McKechnie Field, the longtime home of the Pittsburgh Pirates. This is baseball's oldest ballpark in Spring Training and, despite numerous upgrades over the years, it still has the look and feel of the place where Babe Ruth and Roberto Clemente played.

The name change came in a deal between the Pirates and LECOM which stands for Lake Erie College of Osteopathic Medicine, one of the nation's largest medical colleges.

The Pirates have a 30-year lease on the

facility with renaming rights. They chose the name McKechnie honoring Hall of Famer Bill McKechnie who coached the Pirates to the 1925 World Series title.

But change never comes easy and local residents protested loudly.

Ed Smith Stadium in Sarasota also has a long history as it has served the Chicago White Sox and the Cincinnati Reds before both of these teams moved to Arizona.

The Baltimore Orioles became the stadium's tenant in 2010 with a 30-year lease and, in 2011, a \$31.2 million renovation was completed. Refurbished seats from the Orioles famed Oriole Park at Camden Yards were installed, a fabric sunshade system was built and capacity was increased from 7,400 to 8,500.

Yes, "the Rites of Spring" are back with us. And you might want to enjoy a game in a different venue.

Fort Myers Miracle Baseball Team To Celebrate 25th Anniversary

The Fort Myers Miracle, the Class A affiliate of the Minnesota Twins, will celebrate their 25th anniversary this season with a celebration throughout the season.

The Miracle moved here in 1991 and began play in 1992 in what was then called Hammond Stadium, now CenturyLink Sports Complex. That first season playing in the Florida State League was a co-op arrangement with players from the Twins, Texas Rangers, Cleveland Indians and Florida Marlins.

In 1993, the Miracle became a full affiliate of the Twins and has remained so since. In those 25 seasons, more than 160 players advanced from the Miracle to the Major Leagues including such stars as David Ortiz, Joe Mauer, Torii Hunter, Justin Morneau and Brian Dozier.

In recent years, Miracle fans have watched current top prospects Byron Buxton, Miguel Sano, Jose Berrios and Max Kepler.

The Miracle opens the 2017 season April 8 against the Jupiter Hammerheads. Special events, including fireworks shows, will be held throughout the season.☆

SPORTS QUIZ

- 1. Name the first player in major-league history to have an extra-base hit in his first six postseason games.
- How many times has a New York Mets player hit 40 or more home runs in a season?
- 3. When was the last time before the 2015 season that the Iowa Hawkeyes played in the Rose Bowl?
- 4. A.C. Green holds the NBA record for most consecutive games played. How many is it?
- 5. Who was the last rookie under the age of 20 before Edmonton's Connor McDavid to average at least a point a game for the season?
- 6. At the 2016 Summer Olympics, cyclist Kristin Armstrong became the second American woman to win three gold medals in the same event in any Olympics. Who was the first?7. In 2016, golfer Henrik Stenson tied a record for lowest final round in winning a men's
- major (63). Who also holds the mark?

ANSWERS

1. Colby Rasmus of the Houston Astros in 2015. 2. Three times — Carlos Beltran (41 in 2006), Todd Hundley (41 in 1996) and Milke Piazza (40 in 1999). 3. It was after the 1990 season. 4. He played in 1,192 consecutive games. 5. Pittsburgh's Sidney Crosby, in the 2005-06 season. 6. Speedskater Bonnie Blair (1988-94). 7. Johnny Miller, who shot a 63 in the final round of the 1973 U.S. Open.

SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through February 13

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	263	117
Second	Sandycappers	178	202
Third	Fresh Legion Crew	164	216
Fourth	Sanibel Cafe	155	225

February 13 Results

Bunt's Ball Busters	13	Sandycappers	7
Fresh Legion Crew	10	Sanibel Cafe	10

Sanibel 8-Ball Pool League

Busters Push Lead

It took winning the last four games of evening to propel first place Bunt's Ball Busters to a narrow 13-7 victory over second place Sandycappers. Noah Smith was the hero for Bunt's with his 4-0 effort against Sandycapper Captain Kevin Pottorf. Terry Ricotta also notched a 4-0 win over Jeff Brown to aid the Bunt cause. Top shooter for the Sandycappers was Jack Cunningham with a masterful 3-1 outing over Dave Doane, including a last game table run.

Pete Mindel continued his winning ways for Sanibel Café as he beat up on Fresh Legion Crew's Tom Yorgey 4-0 to help his team eke out a 10-10 tie. Best shooters

for Fresh Legion Crew were Gator Gates and Tarzan Russell, who dispatched Randy Carson and Matt Hall with 3-1 efforts.

The evening had both good and bad displays of eight ball maneuvering. John Bates led off with a long bank on the eight that seemed headed for oblivion before caroming off into the winning corner pocket. Mike DeWitt executed a successful jump shot on his 10-ball and came up with perfect position for his winning 8-ball shot. Steve Gordon made the eight but scratched to produce one of his losses. Doane attempted to squeeze his stripe past the eight into the corner pocket and failed thereby producing his third loss of the night. Kevin Pottorf ignored any winning 8-ball shots and concentrated on his rack twirling.☆



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Adventures In Paradise trolley

Sanibel Trolley **Tour Offered**

anibel Island has been appealing to visitors for generations. The island, at 12 miles long, offers unparalleled serene beauty and abundant nature thanks to visionary pioneers in conservation. It's rich in history with stories of the great Calusa Indians, Spanish explorers and the functioning lighthouse, built in the 1800s. Today, visitors revel in the 24 miles of unspoiled shorelines, numerous world-class outdoor sports, as well as a selection of fine dining and shopping.

Adventures in Paradise masterfully wraps all of it up in an historical tour of Sanibel aboard the coolest trolley, hand-built for the narrow island roads.

The retro open-air trolley carries 20 passengers, who gain insight into the island's fascinating history and learn interesting facts from an entertaining trolley guide or "trolley dolly" for the ladies. The two-hour tour covers major historical sites and other scenic points of interest. The trolley stops for a short guided tour of the Sanibel Historical Village and Museum, where the island's story, from the Calusa and Spanish eras to early pioneer families, is told. The Historical Village is home to 10 historic buildings that have been restored to original state.

The Historical Village beautifully tells of warriors, adventures, fishermen, farmers and proprietors. It's the ideal place for a stop on the historical trolley tour," said Evelyn Stewart, founder of Adventures in Paradise with her husband, Craig. "We chose to donate a portion of the tour's proceeds to the museum in appreciation for their mission of preserving our island's story.

photo provided

Sanibel is truly a charming place we have enjoyed, and shared with our guests, for many years.

The Stewart's story has become legendary on the island: Craig discovered Sanibel in 1985 during a business trip to Naples and Miami. After spending less than an hour on the island, he found the first pay phone to call Evelyn in land-locked Oklahoma and exclaimed, "Honey, I found where we are going to live! Adventures in Paradise was born the next year and has grown alongside three dapper sons and two pets. Throughout the past three decades, the Stewarts have carefully listened to their guests, watched other families grow and remained grateful for the fortune to share what they love - the island's waters and nature.

Adventures in Paradise continues to be a family business offering half dozen different cruises, fishing charters and trolley tours. The historic trolley tour runs seasonally from 9 to 11 a.m. on Mondays, Wednesdays and Fridays. The trolley leaves from its home-base of Port Sanibel Marina, just before the Sanibel Causeway, where there is ample parking for those off-island. It makes pick-up stops at select island resorts.

The fabulous island trolley is an easy-breezy ride along palm-tree-laden roads for a wonderful way to learn about well-known and lesser-known island landmarks," said Evelyn and Craig's son Josh Stewart, who handles the day-to-day operations with his wife, Audrey. "We definitely encourage questions from passengers for an interactive, comprehensive tour.

Reserve your spot on the historical trolley tour for your own adventure in paradise. Book online at www. adventuresinparadiseinc.com or make reservations by calling 472-8443. \$

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MOAA Assisting Veterans Through FISH Partnership

The Lee Coast Chapter of the Military Officers Association of America (MOAA) presented a check to FISH of SanCap President and CEO Maggi Feiner from its annual golf outing, the Bob Janes Memorial Golf Outing, named in memory of the former Sanibel mayor, Lee County commissioner and the chapter's first president.

MOAA provided these funds to FISH to assist veterans in need. MOAA was established as a local chapter in 1982 with membership open to all active, retired and former military officers, including the U.S. Coast Guard, Public Health Service and MOAA. Nationwide, there are more than 380,000 members in over 400 local chapters. MOAA, as a national organization serving the nation and the community, is dedicated to maintaining a strong national defense and preserving the earned entitlements of serving members of the uniformed services, veterans and their families.

"Our nation's veterans proudly served our country, and FISH is proud to serve our veterans," stated Feiner. "At FISH, it is our honor to help veterans and link them to the services, programs and assistance they need and deserve. Whether it's a ride to a doctor's appointment, emergency financial assistance for rent or medical



Maggi Feiner and Roger Triftshauser photo courtesy FISH

purposes, access to our Meals-by-FISH program or more, FISH is here to help."

Danny was several months behind on his rent when he first began working with FISH. "Right now, I'm at risk of being evicted," he said. "I have no food or nothing." He also couldn't pay his bills or afford to get his medication. When Danny met with the FISH Social Services Department case worker, he had no idea that she would be such a big help. He was able to bring his rent up to date, get help with other bills, and get food from the FISH Food Pantry. "For me, FISH is a blessing," he added.

If you are or know of a veteran

needing assistance, FISH may be able to help. For additional information, contact Nitza Lopez, case manager, at 472-4775.❖

Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My mother-in-law hated me from the first day she met me. She thought I wasn't good enough for her daughter. I guess I wasn't then, but as luck would have it, I have been extremely successful.

She hated our son, but adored our daughter. After my wife mentioned it to her, then she disliked them both.

Years have passed and when my mother-in-law's health started to go, I asked her to come and live in our home. She lived with us for six years and not a day passed that she didn't tell me how she still hated me.

Please tell me why would a person be so hurtful to us when we have been so good to her?

Erick

Dear Erick,

Treating others well regardless of how you are treated by them... well done! I wish many would watch and learn from your example.

It is a difficult road – at times, I am sure – that seems impossible, but it screams a lot about your character. Your mother-in-law sounds like a self-centered individual, interested only in her own feelings. I am sure she can justify everything she says, feels and does.

I do not know why she acts the way she does, but one thing is for sure: she is not going to change. She is getting her needs met by being mean.

If and when her presence in the home affects your family's health and happiness, making a change is OK and not throwing in the towel. In some families due to personalities, past history, etc., strong and wide boundaries are needed. You can still care, but care from a distance.

Pryce

Dear Erick,

Congratulations on your success. Some people would never ever admit that they could do anything wrong. Their opinions are right, regardless of the facts.

You were kind and generous people to give her a home. Her mental impairment in later life just compounded the problem.

Some people seem to be nasty individuals, regardless of the kindness of others. Nasty when they were young and even worse when they are older.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.☆

It's All About Face- Yours! Join us for a light lunch and presentation, followed by a valuable Q&A session with SW FL's Facial Expert, Dr. Prendiville. He will explain the benefits of the Pre-lift and other aesthetic procedures. Also, find out the latest information on minimal incision surgeries, injectable facelifts, wrinkle reduction, skin smoothing techniques,

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One of the five units in critical need of rehabilitation

photo courtesy CHR

Campaign Launched To Improve Housing

In the midst of the smells, sights and sounds of CHR's festive Mardi Gras Ifundraiser held this past Saturday at The Dunes, Community Housing and Resources (CHR) unveiled a new giving campaign known as Homes of Love, made possible in part by a unique partnership with Lowe's Home Improvement.

The Homes of Love campaign is a tangible giving opportunity for supporters to directly give back and make an impact in CHR's most critical units in need of complete rehabilitation.

Currently, five of CHR's units are down to the studs and are in need of rehabilitation due to water damage in order to get them back in condition to return them to the supply of affordable houses on Sanibel, which is critical for the full-time workers, families, seniors and disabled residents that rely on CHR's program. The cost to rehabilitate each unit is approximately \$20,000 and includes every last item to take these units that are currently studs and concrete and return them to true Homes of Love for CHR's deserving residents. Supporters can sponsor an entire room or select items such as appliances, flooring, fixtures and more. Local clubs and organizations are encouraged to partner together making their combined dollars have an even larger impact.

The first local organization to sponsor CHR's Homes of Love is the Sanibel-Captiva Kiwanis Club, which has provided



a grant to renovate an entire bathroom for one of the critical units. This \$5,000 grant covers everything needed for the unit's bathroom, including the tub/shower combo, the sink and fixtures, vanity cabinets, the toilet, and all plumbing and labor, all provided at discounted prices by Lowe's. This commitment from Kiwanis provides an immediate, tangible, and crucial building block in CHR's Homes of Love campaign.

The Kiwanis Club has a mission to support island youth, and through this grant we can help CHR provide important housing services to deserving families and children on Sanibel," said Kiwanis president Chris Heidrick. "Our club was happy to step up to this Homes of Love challenge once we learned how immediate and urgent the need to repair these units was. We are honored to be the first sponsor to get the momentum of the campaign going and are hopefully the first in a long line of community supporters yet

For more information, visit www. SanibelCHR.org, or call 472-1189.☆

BeautifuLife:

Make It Count



by Kay Casperson

bet there are many people reading this column that get involved in some way with different organizations to help in whatever way you can. This week, I have been thinking about different ways that people get

involved to make a difference in the world. There are so many organizations that you can align with for various purposes such as improving health, empowering others, saving animals and many more. My daughters want to get involved whenever they see someone or something that needs help and it is such a wonderful spirit to have that I encourage it wherever I can.

This week, my daughter decided to have a lemonade stand with her friend so that they could raise money for the Leukemia & Lymphoma Society. This is something that her school is involved with for a couple of weeks and they thought this would be a great way to help out.

The Leukemia & Lymphoma Society (LLS) is the world's largest voluntary health agency dedicated to blood cancer. The LLS mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. LLS funds lifesaving blood cancer research around the world and provides free information and support services.

I was happy to see so many people encouraged by the spirit of these girls wanting to spend their Saturday raising money and awareness by offering lemonade for a donation. The girls felt really good about their results and the opportunity to make a difference.

Big or small, the amount of time, effort or money that is put forth towards something that will make a difference in



Olympia DeCosta and Kayce Nette at their lemonade stand photo provided

just one person's life is a great thing. I encourage each and every one of you to help others to find a way to do their part and together we can make every little bit count.

My affirmation for you this week is: "I seek out new ways to get involved with organizations that speak to my heart and know that everything I do counts towards a beautiful end result.

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson. com.₩



Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast. net or contact the center.

The featured book on Wednesday, March 8 at 2:30 p.m. is *The Nest* by Cynthia D'Aprix Sweeney.

ECHO Global Farm Walking Tour - Monday, February 27. Cost is \$15 for members and \$25 for non-members.

Take a fascinating guided, walking tour of this creative working farm. Experience the seven settings of the Global Farm. See goats, chickens, ducks, fish and rabbits, all residents of the farm. ECHO is home to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, which features some unconventional, yet effective ways to grow crops where there is little or no soil. Lunch is on your own at Farmers Market Restaurant. Advance registration is required. Minimum 10 and maximum 25 participants on a first come basis.

Chihuly Collection & Dali Museum (Frida Kahlo at the Dali) Trip – Friday, March 24. Cost is \$75 for members and \$85 for non-members. Trip includes round trip transportation including a docent-led tour of the Chihuly Collection, Dali Museum and a special exhibition of Frida Kahlo at the Dali. Lunch will be on your own at the Banyan Café. Advance registration is required. The trip is limited to 27 participants on a first come basis.

Keeping up with Technology with Gerard Damiano – Lesson 2: iPad Intermediate – Tuesday, February 28 from 1 to 4 p.m. Cost is \$50 for members and \$75 for non-members.

Discover the powerful built-in apps that come on your iPad. Get organized with the Contacts and Calendar apps, then Sync with all of your Apple devices instantly using iCloud. Connect with others using Text and Multi-Media Messaging or Video Conference with FaceTime. Register in advance. Bring your own device. You will need your Apple ID and password.

Sanibel Health Fair – Friday, March 3 from 1 to 4 p.m.

Free screenings by health care professionals, plus information about FISH on SanCap, Hospice and other services. Senior resource guides, healthy snacks and door prizes provided. Sponsored by Parish Nurses of Sanibel Congregational United Church of Christ, St. Isabel's Catholic Church, Sanibel Community Church, Sanibel Fellowship Church and St. Michael & All Angels Episcopal Church.

Beginner Bridge Basics with Christl and Bruce Smith - March

6, 8, 13 and 15 from 9 to 11:30 a.m. Cost is \$20 for members and \$35 for non-members. Class is limited to eight students and you must register in advance and attend all four classes.

Session 1: The Basics (Players, trick taking, choosing a trump suit and the bidding ladder.)

Session 2: No Trump Opening Bids and Responses

Session 3: Major Suits Opening Bids and Responses

Session 4: Major Suit Opening Bids and Responses.

AARP Driver Safety Course – Thursdays, February 23 and March 2, 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount.

Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for drivers 50 and older to learn proven safety strategies such as rules of the road and how to deal with aggressive drivers to help you maintain confidence in your driving. You will be eligible for a discount on your auto insurance. Classes will be held at the Center 4 Life. Register by contacting Ed VanderHey at 292-4012. You need not be a member of Island Seniors to attend but you must attend both classes in order to receive course certificate.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30

Hearts – Friday at 12:30 p.m. BINGO – Friday, February 24 at 1 m.

Kayaking on Tuesdays and Thursdays – February 21 and 23 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island

Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel. $\mbox{\em \color=}$

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by Suzy Cohen, RPh

ear Readers:
For Valentine's
Day, I know
most of us ladies want
some chocolate. I
love chocolate myself,
the darker the better.
You don't need me
to tell you about the
health benefits of
dark chocolate, there

are probably 100~posts about it being uploaded as I write this. So this year, I am thinking outside the Moonstruck box!

Let's consider another traditional standby, flowers. Not just any flowers, flowers with medicinal power. You see, many of these beautiful and sweet-smelling plants are also powerful healers that deserve a place on your natural medicine cabinet. You can put together a healing 'bouquet' of remedies made out of flowers. It's creative and sure to win a special space in your Valentine's heart, especially if he or she is into health and wellness. Here are some ideas to build your bouquet:

Chamomile: This is a sweet little white flower with a big yellow center that, when dried and steeped as tea, is also a widely hailed sedative. Add a box of chamomile tea to help you and your Valentine unwind and fall askers together.

and fall asleep together.

Echinacea: This popular garden plant is hardy and has great antiviral properties. It is known to help you reduce symptoms and shorten the duration of colds and flu. A 2015 study by researchers in the Czech Republic found that a hot drink made of Echinacea extracts was as effective as

Tamiflu at reducing flu symptoms, with far fewer side effects.

Roses: It's everyone's Valentine favorite. Consider rosewater, which is created when rose petals are steam distilled. The end result is a beautiful smelling rose toner that I use to spritz my face... like all the time. Rose hips have anti-inflammatory properties so, in addition to smelling divine, it's good for reducing facial redness, whether from acne, rosacea, cold weather or dry skin.

Rose hips: Rose hips are the fruit of rose bushes and these little scarlet, globe-shaped beauties are packed with vitamin C. I keep them right beside the stove, and steep two teaspoons to the water which I use for green tea. It adds a strong antioxidant boost and makes my skin more youthful. You can buy dried rose hips at most health food stores and online.

Lavender: Lavender is a tiny purple flower that packs a healing punch. Put a half cup in the middle of a pretty handkerchief and tie up the ends to make your Valentine a sachet. At night, take a shower and sprinkle some of the essential oil onto your shower floor. A 2015 study found that dialysis patients reported a significant reduction in needle insertion pain over patients who had no intervention or who received a placebo.

So, go make your lover a beautiful bouquet and choose your flowers wisely based upon their medicinal purpose. From now on, Valentine's or not, you will always think of flowers with a new healing perspective. Unlike chocolate, they don't go straight to your thighs.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.*

Eden Energy Medicine

Create The Love Hormone



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

It is the season of romance, of sharing our love with those close to us. Let's understand why hugging is so important in creating a strong bond with loved ones. Are you

a hugger or an avoider? After reading this article, hopefully you will join the ranks of the huggers. Why? — Because hugging increases the levels of oxytocin, known as the "love hormone." Sounds good, doesn't it? At an energy medicine workshop on hormones, the presenter reminded us of the power of hugging and the famous quote by psychotherapist Virgina Satir, who states: "We need four hugs a day for survival. We need eight hugs a day for maintenance. We need 12 hugs a day for growth."

Our auric field which surrounds the body is comprised of seven layers, like the Russian Doll sets. When we hug someone and move into each other's auric fields, we are sharing energy. The skin contains networks of tiny pressure centers that sense touch and then connect to the brain through the vagus nerve. This nerve winds its way through the body, connecting to

organs, to all the chakras, to the gut (our second brain) and to the heart. The nerve is connected to oxytocin receptors and thus stimulation of the vagus triggers an increase in oxytocin, which in turn "leads to the cascade of health benefits" and a feeling of bliss with well-being.

ISLAND SUN - FEBRUARY 17, 2017 29B

The bottom line is that the more physical touching through hugging, the more oxytocin produced, resulting in powerful health-giving properties and good will

Oxytocin is released by the pituitary gland. The pituitary gland works hand in hand with the spleen organ. Spleen's energy is the first energy used by triple warmer when under stress. So the more hugs, the more spleen is calmed and the more triple warmer is calmed, resulting in a boost to your physical and emotional well-being.

Reach out to your spouse, children, friends, family and pets! Given our celebration of Valentine's Day, what a great way to remember this romantic holiday daily.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

Read us online at IslandSunNews.com

San-Cap Lions Retinal Screening

Tor the first time, the Sanibel-Captiva Lions Club will offer a complimentary retinal screening from 9:30 a.m. to 1:30 p.m. on Monday, February 27 at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. No appointment is necessary.

necessary.

"We have been providing complimentary diabetes, vision and hearing screenings for many years," said Lion Kurt Peters, a retired physician who has been instrumental in organizing the screenings. "So it's exciting for us to offer a retinal screening, a value of \$200, to the community."

A high-resolution digital photograph is taken of the back interior portion of the eye called the retina and without dilating the pupil. The image provides invaluable baseline information to assist a doctor in determining if there have been any changes in eye health. Lions have partnered with an Orlando-based ophthalmologist/retina specialist, and a Lion, to professionally read the retina camera screening results which are sent to those tested via U.S. Mail or email.

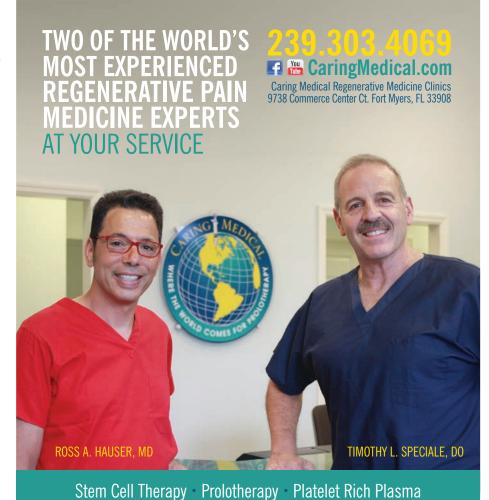
Diabetic retinopathy is one of the leading causes of adult blindness in the country. The Lions program detects this

disease as well as many cases of macular degeneration and other retinal disorders. Those who exhibit symptoms of retinal disease are encouraged to seek care from the ophthalmologic physician of their choice.

Sight is undoubtedly one of the Lions defining causes. The club continues to collect used eyeglasses as part of Recycle For Sight, with several donation boxes located throughout Sanibel and Captiva. In January, the club collected 273 pairs for a total of 1,622 since June 2016. Lions typically perform 110 individual complimentary health screenings each year.

The next retinal screening will be held from 1 to 4 p.m. on Friday, March 3 at the Center 4 Life, 2401 Library Way. The final complimentary adult health screening of the season will be held on March 29 at the Sanibel Recreation Center. For more information or to get involved, visit sanibelcaptivalions.org.

Recycle For Sight donation box locations include Ace Hardware, Bank of the Islands, Bailey's General Store, Island Pharmacy, Jerry's Foods, Joey's Custard, Lazy Flamingo (Periwinkle Way and Santiva), Sanibel Captiva Community Bank (Library Way and Periwinkle Way), Sanibel Public Library, Sanibel Eyecare, Santiva General Store and Center 4 Life; and at the Captiva Memorial Library and Bank of the Islands on Captiva.



Call us today to see if you are a candidate

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: What is an emotional affair?

A: An emotional affair is an affair where one partner in a relationship is emotionally involved with someone outside of the relationship,

whether it is a marriage or a committed relationship. It may start out casual and innocent, however, with no boundaries, it usually ends up as a destructive aspect to the foundation and fiber of the relationship.

When there is an emotional affair, the partner is getting his/her needs met at the expense of the relationship which leads to emotional distance and growing apart. There is potential for dissolution of the relationship unless the partner completely ends the affair and the couple enters counseling for healing and repair.

When the focus is on the "other" person, time and energy are drained from the relationship and there is little connection in the home.

The partner who is being cheated on (yes, this is infidelity) intuitively knows something is not right. Often, the significant other who is having the affair exhibits a range of emotions – moodiness, aloofness, distance and distraction.

With today's technological advances, it has become easy to carry on the affair with various methods of communication between the two involved. Eventually, when the significant other is confronted, there is denial. Common responses include, "It's a friendship," "You're fabricating this," "I was working late and had a deadline on my project," or "I didn't do anything wrong." Wrong! This is totally unacceptable and inappropriate. The confronted significant other is convinced it's justifiable which is an unconscious defense mechanism.

Having a close "friendship" can be a slippery slope. The partner being cheated on feels betrayal, deception, lied to and abandoned. An emotional affair can lead to a full blown sexual affair. It could be only a matter of when. The person having the relationship could be secretive which only places the relationship with the significant other at risk of dissolving.

Sometimes, one person in the affair is more the instigator where the other feeds into the flattery. Perhaps he/she is hoping the relationship will develop into a destruction of the relationship and create room for eventual "commitment." If it does eventually lead to that, it is unlikely that this relationship will last as the excitement wanes.

To avoid these kinds of misconstrued affairs, it is essential to have healthy boundaries in relationships outside of the partnership, otherwise, you are treading on thin ice. If you want to save your relationship, either marriage or

committed relationship, and you happen to be in an emotional affair, take into consideration your significant other's feelings and seek professional help. Mutual honor and respect are what loving committed relationships are about. Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.

Doctor and Dietician

Overeating And The Cannabis Effect





by Ross Hauser, MD and Marion Hauser, MS, RD

ur Western diet consists of chronic exposure to high amounts of sugar and unhealthy fats which leads to overeating and obesity. So much so that two-thirds of American adults are actually overweight or obese. Scientists at the University of California-Riverside have found that high-fat/high sugar diets cause something called "hyperphagia," or the eating of larger meals at a very high speed. How does that work? Interestingly, these scientists found that a Western diet signaled a "cannabis effect." Yup, that's right! This cannabis effect - called the "endocannabinoid system" – is made up of lipid signaling molecules located in the brain and other organs that control various functions, including food

intake and reward. When mice were fed a Western diet, they ate quickly and more quantities, and had high levels of endocannabinoids in their small intestines and circulation. The mice overate and became obese.

Specific drugs were then given to block the cannabis effect in the obese mice, bringing food consumption and the endocannabinoid levels back to normal. There have actually been drugs on the market in Europe to block the endocannabinoids for treatment of obesity in humans, but were not approved in the United States. Further study on the cannabis effect in humans, as well as development of medications that block the cannabinoids without causing psychiatric side effects, yet still normalizing food intake, is in the works.

This sure is interesting science!
Rather than wait for new
medications to come out, you can get
your diet under control now. Ultimately,
learning to enjoy a fresh, healthy and
naturally low-sugar diet is better than
medications that help control Standard
American Diet (SAD) portions.
Processed foods high in fat, sugar
and artificial sugar are addictive and
detrimental to your health. Start eating
fresh to improve your health.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.☆

Mobile Mammogram egins with Returns

The City of Sanibel's Recreation Center will host the Radiology Regional Center's Mobile Mammo Coach on Monday, February 20 from 10 a.m. to 2 p.m. For an appointment or if you have any questions relative to the test, call the Radiology Regional Center at 936-4068.

The Mobile Mammo Coach is a state of the art breast imaging clinic, providing full field digital mammography services. Most insurances are accepted and discounted self-pay pricing available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97 percent. Mammography is one aspect of breast health, in addition to monthly self-exam and annual physician

Stop by the Sanibel Recreation Center

front desk to pick up your Healthy Heart Month punch card. Attend eight Healthy Heart Month Events and receive a free T-shirt

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.☆

New Moon Meditation Class

n Sunday, February 26 starting at 5:45 p.m., enjoy a guided meditation on the beach as the sun sets and the moon rises. Participants will meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive on Captiva. Note: this beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. The suggested donation is \$10 to \$15, with all proceeds going to benefit Sanibel-Captiva Conservation Foundation's sea turtle research program. Participants should bring a towel or blanket to sit on.

For more information, visit www. ambuyoga.com or call 314-9642



Be part of the Million Mile Movement!

WHO? Lee County residents of all ages and fitness levels can participate as an individual or as a group

WHAT? Any form of movement qualifies, walking, running, biking, swimming and even weight training

HOW? Register at www.HealthyLee.com and on Jan. 9, start logging your miles on the Challenge Portal, powered by Fit Nation

The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com



Stuffed Zucchini Flowers

20 fresh zucchini flowers

- 1 teaspoon mint leaves, finely chopped
- 1 ounce onion, grated
- 1 ounce zucchini, grated
- 1 ounce tomato, grated
- 3/4 cup Mexican rice
- 1/2 cup fresh lemon juice
- 2 pinches salt
- 2 pinches pepper
- 2 eggs, lightly beaten
- 3 cups cornmeal
- 2 tablespoons olive oil

Preparation:

Place the zucchini flowers in cold water to open and make the preparation easier. In a large mixing bowl, place the rice, all the chopped and grated ingredients, half of the olive oil and lemon juice, and a pinch of salt and pepper. Mix well. With a small spoon, take small amounts of the stuffing and fill the zucchini flowers. Fold over the flower ends to seal the stuffing inside. Heat a sauté pan over medium-high heat. Carefully dip the stuffed flowers into the egg mixture, then roll them in the cornmeal. Repeat this process with half of the stuffed flowers at a time. Gently sauté the coated flowers in the oil until golden brown. Repeat in batches until all flowers have been cooked. Serve immediately.



Stuffed Zucchini Flowers

photo courtesy Fresh From Florida

BEST TAKE-OUT ON THE ISLANDS

Sanibel Deli & Coffee FACTORY

PIZZA & WINGS

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Across from CVS in **Palm Ridge Place** **BOARS HEAD MEAT! FROZEN YOGURT & ICE CREAM**

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Hours: Mon-Thurs 10:30 to 9; Fri-Sat 10:30 to 10; Sun 12 to 9



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The Only Dockside Dining on Sanibel Located at the Sanibel Marina Specializing in Local Seafood We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running



The Sanibel Sprout

2463 Periwinkle Way in the Bailey's Center

In Bailey's Shopping Center

Vegan Cafe and Juice Bar Open 10 a.m. to 7 p.m. Monday through Saturday noon to 7 p.m. on Sunday

239-472-4499

Gourmet vegan cuisine 100% organic and non-GMO
Catering and special orders welcome Sanibel's original fresh juice and smoothie bar Open for breakfast, lunch and dinner

www.sanibelsprout.com Follow Us On facebook: The Sanibel Sprout



Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out or Eat In • Breakfast • Lunch • Dinner Open Daily 6 a.m. - 10 p.m.







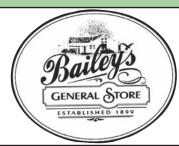


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- Boeuf Bourguignon (Beef Stew)
- Lapin au Vin Blanc (Rabbit Stew)
- Cassoulet au Confit de Canard (Bean stew with duck confit)

Pick up hot & ready or cold to reheat later! Afternoon Pickup Available. We recommend calling ahead for groups of more than 4 quests.





CALLING CARD 239-395-1213

Sanibel Police	11
Lee County Sheriff's Office	00
On Call Captiva Deputy	
Fire Department - Sanibel	25
Fire Department - Captiva 472-949	
Florida Marine Patrol	
Florida Highway Patrol 278-710	
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Building Department	
Planning Department	
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S OF THE WEEK

Lee County Domestic Animal Services





Sugar ID# 681957

Cameron ID# 688541

ugar is a 1-year-old female hound mix who is one of our Cell Dog graduates. She has had training to learn sit, shake, crate trained and house trained. She will walk well on the leash with a treat incentive. She comes with her diary that her trainer kept of her time in the program. If you are looking for a well-mannered pup, she is your girl!

Her adoption fee is \$75.

Cameron is a 5-year-old male American staffordshire terrier who has a little dog personality in a big dog body. We haven't told him yet that he isn't a lap dog; he will sit there if you let him. He's an ace with the tennis ball and loves to have his picture taken. He gets along well with other dogs and will be here waiting if you would like to meet him!

His adoption fee is \$50.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆

Haven on Earth Animal League

Tello, my name is Maya. I am a Himalayan mix - notice my beautiful, thick coat. I'm lacktrianglea female, about 10 years old, spayed and well mannered. I am up-to-date on all shots and my front paws have been declawed. I have a typical Himalayan personality, and I'm looking for someone who is a Himmie cat lover that will enjoy brushing my beautiful coat every day. I am currently residing with my foster parents. My adoption fee is \$75.

Hi there! I'm Pyewacket. I'm only 7 months old, spayed and up-to-date on all shots. I'm a very sweet young girl and just waiting for someone to take me home and love me forever. I'm currently at the Petco located at Gulf Coast Town Center, so stop in and meet me. My adoption fee is \$75.



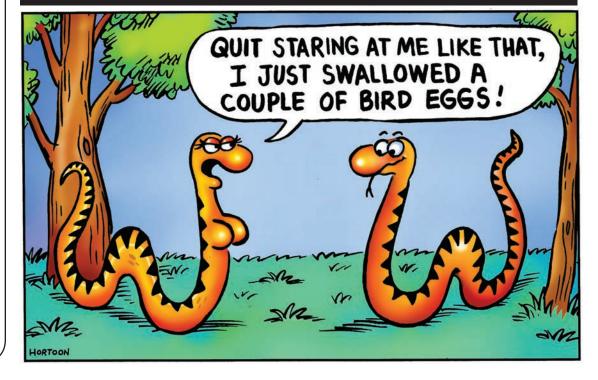


Maya

Pyewacket

We are being cared for by Haven on Earth Animal League. For more information, contact

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PUZZLES

Answers on page 37B

PAIR-A-**Super** Crossword **PHRASING ACROSS 105** Miami-53 Country's 8 Overly 49 El — 88 Like nondefective 1 Music-McEntire — (Florida 9 Be incorrect (peak in licensing gp. 56 Wyatt of the county) 10 Met or Phillie California) **DVDs** 106 Wasted 50 Mined find 6 With greatest Old West rival 90 Pakistani's frequency 57 Hector 107 Small battery 11 Avian runner 51 Clever language 92 Feel sickly 14 Light, in a 60 "Mona size 12 RCA rival adage 108 GREATLY 54 Party abbr. wav 63 Makes 13 Fly of Kenya 94 Capital of 20 River to Lake match up **OFFING** 14 Pot coverer about Nebraska 66 Pasty luau 95 135 degrees 113 Guevara's 15 Reality TV Geneva drinks 21 Many kids' celebrity fired 55 Append commander from 117fare 67 Skating rink **115** Of the by Donald 57 Certain wind Across art projects 22 "Any way is shape hipbone three times musician 97 Nosh on **68 PERFORM** 116 Prickly fine by me" 16 Cry from a 58 Of flight 98 End of some 23 STARDOM seedcase member of technology **URLs WEALTH** 71 In a strict 117 Ark.-to-III. dir. an arriving 59 Music of 99 Cole of song 25 "Bewitched" 119 Mai -Scott Joplin 100 "Iglu" for way group 74 Bovine 120 Frolic 17 Ship's goods 61 Highway rig "igloo," e.g. husband 101 7'6" Ming 26 F minor, e.g. sound 122 ALLOWED 18 Faith Hill's 62 Parts of "Take Me —" 75 Global divide 27 Albany hrs. STATUTE nerve cells 103 R&D center **76** NEGATIVE 28 Abbr. on a 129 Verdi 19 Wife of Dick 64 — au vin 104 Bursts forth 65 Good **108** Pep pay stub **IFVY** tragedy Cheney 81 Tomb-raiding 130 Hold dear 30 One of 24 Prickly name for a 109 Make thrilled King Lear's Croft 131 Flared dress plants chef? 110 Country 29 N.J. neighbor 68 Bob of folk 82 Suffix of daughters 132 Forwarded. singer pasta names 31 Most like as mail 31 Pan for stir-**69** Country in LeAnn 83 "A Bell for 133 Furry marine 111 Brother, in Solomon West Africa frying 33 STRIKE 32 Ex-froshes 70 Silver " (classic Brest mammal 134 Encounters **DWELLING** - (photo lab 112 Between, in novel) 34 Strands **39** "... boy 84 Any minute post-blizzard compound) Brest – girĺ?" 85 "Slim Shady" DOWN 114 Vogue topic 35 Summer 72 With 47-40 Gambling rapper 1 Terrier noise misery stat Down, 118 - -do-well 87 Blockhead 121 Boatload place, briefly 2 One-named 36 Puff piece? forensic 42 Planted "pet" 89 Half of Latina singer 37 Actor Bert in tool 123 Actor 43 "Für -73 Kind of TV Stephen Mork's 3 Approaches a lion suit goodbye (Beethoven to attack 38 Footballer 77 A, in Aquila 124 — Żedong **78** Dingfavorite) 91 Gradually 4 Keep - on Tebow 125 Suffix with 44 HUDSÓN withdrew (watch) 41 City transport **79** Out-of-124-Down **126** Boy OCTET 93 Antigen 5 Pod spherule 45 And others, - (visitor) 80 De novo 48 "Peanuts" girl attackers 6 What touts in Latin pharaoh 127 "Whack!" 96 EMERALD 46 Grain storer with glasses tabulate 85 Tempted 52 Student's 7 Liquor JEALOUSY 47 See 72-86 Maestro 128 Craven of 102 Path in a jet horror films dissertation bottle Down 7ubin 12 18 20 22 23 25 24 26 28 30 27 33 34 35 36 31 38 39 40 42 43 44 48 50 45 46 49 52 53 58 59 60 61 62 63 66 67 68 70 74 75 76 79 81 82 83 84 85 86 87 89 88 90 91 92 93 98 94 95 100 1101 103 104 105 106 107 108 109 110 114 115 116 118 119 117 120 121 123 | 124 | 125 | 126 122 127 128 129 130 131 132 133 134

King Crossword **ACROSS** Paid player Taxi 12 13 Expert 16 15 12 Potential svrup 19 Lennon's lady 20 Similar 15 Citric beverage 16 Underwent reduction 18 Jeremy of basketball 42 43 19 Tiiuana toodle-oo Rolling stone's 48 49 50 51 52 lack 22 Poetic night-55 fall 23 Antitoxins -- de deux Maintenance 55 90-degree 8 "The last words Quibblers split shape Greatest" Needle case Therefore 9 these Kin of "i.e." Corsage -- out a living Senorita's 57 Tokyo's old bloom 10 wiggle? name 11 Homer's Point of view "Rabbit, Run" 58 Deli loaf 35 neighbor 42 Milk dispens-

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Peacock net-

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48

49



Committee

For Peace

Day

Field

Aid

Benefits

Bridge

Bureau

"I used to think he was a musician, too - but then I found out that he's

salesman!" answer on page 35B

SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! LAMBED Stage SHAPE Rule GRINE Blend **GREEM TODAY'S WORD**

1	4	5	3	9	7	8	6	2
3	8	9	2	5	6	4	7	1
2	7	6	1	8	4	9	3	5
6	1	4	9	2	3	5	8	7
5	3	8	7	6	1	2	9	4
9	2	7	5	4	8	6	1	3
4	6	1	8	3	2	7	5	9
7	5	2	6	1	9	3	4	8
8	9	3	4	7	5	1	2	6

SUDOKU

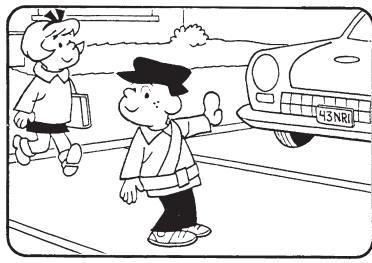
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 37B

BY HOCUS-FOCUS **HENRY BOLTINOFF**

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



4. Mitten is missing. 5. Trash can is missing. 6. License is different. Differences: 1. Zipper is missing. 2. Lunchbox is missing. 3. Eartlap is different.

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My Stars ★★★★

FOR WEEK OF FEBRUARY 20, 2017

ARIES (March 21 to April 19) Your ideas are finally reaching those who can appreciate them. But don't expect any immediate reactions. That will come later. Meanwhile, a personal matter needs your

TAURUS (April 20 to May 20) Your energy levels are rising, and you're feeling restless and eager to get into some activity, whether it's for profit or just for fun. In either case, the aspects are highly favorable, so go for it.

GEMINI (May 21 to June 20) A relationship seems to be winding down from passionate to passive. It's up to you to decide what the next step will be. But don't wait too long to take the initiative. Delay could create more problems.

CANCER (June 21 to July 22) A decision looms. But be very sure that this is what you really want before you sign or say anything. Once you act, there'll be little or no wiggle room for any adjustments.

LEO (July 23 to August 22) Money matters improve, but you still need to be cautious with your spending. Also,

set aside that Leonine pride for a bit and apologize for contributing to that misunderstanding.

VIRGO (August 23 to September 22) A tempting financial situation could make the usually unflappable Virgo rush in before checking things out. Be alert to possible hidden problems. Get the facts before you act.

LIBRA (September 23 to October 22) It's nice to know that you're finally getting due credit for your efforts. You also should know that new opportunities will follow. A

family member brings important news. **SCORPIO** (October 23 to November 21) Any uncertainty that begins to cloud an impending decision could signal a need to re-examine your reasons for wanting to take on this commitment.

SAGITTARIUS (November 22 to December 21) You benefit from taking time out of your currently hectic schedule to do more contemplation or meditation. This will help re-energize you, both in body and soul.

CAPRICORN (December 22 to January 19) Nursing hurt feelings can zap the energies of even the usually self-confident Sea Goat. Best advice: Move forward. Success is the best balm for a painful ego.

AQUARIUS (January 20 to February 18) A display of temperament surprises you, as well as those around you. It could be all that pressure you're under. Consider letting someone help you see it through.

PISCES (February 19 to March 20) Some things don't seem to be working out as you'd hoped. Don't fret. Instead, take some time out to reassess your plans and see where changes could be made.

BORN THIS WEEK: You enjoy

traveling and meeting people. You are especially good with children and would make an excellent teacher.

THIS WEEK IN HISTORY

• On Feb. 26, 1919, the Grand Canyon is established as a national park. American geologist John Wesley Powell, who popularized the term "Grand Canyon" in the 1870s, was the first person to travel the entire length of the gorge in 1869. The harrowing voyage was made in four rowboats.

STRANGE BUT TRUE

• It was Rose Bird, the first female chief justice of the California Supreme Court, who made the following sage observation: "We have probed the earth, excavated it, burned it, ripped things

from it, buried things in it, chopped down its forests, leveled its hills, muddied its waters, and dirtied its air. That does not fit my definition of a good tenant. If we were here on a month-to-month basis, we would have been evicted long ago."

 According to ancient Chinese philosopher Confucius, an ideal meal is made up of one-fourth meat and threefourths vegetables.

THOUGHT FOR THE DAY

"The central function of imaginative literature is to make you realize that other people act on moral convictions different from your own." -- William Empson

SCRAMBLERS

solution

1. Bedlam; 2. Phase;

3. Reign; 4. Merge

Today's Word

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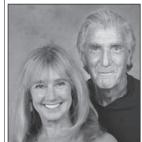
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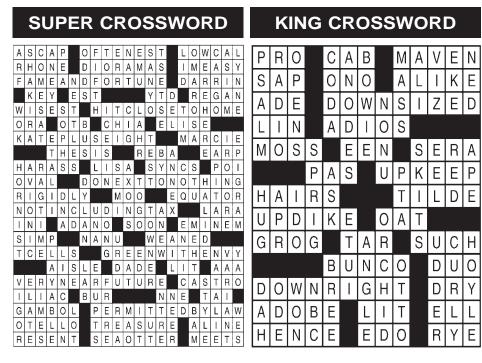


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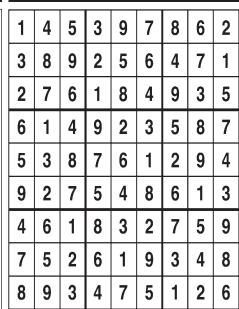
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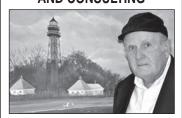
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ANS 1/27 CC TEN

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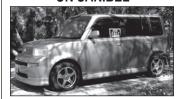
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Second Chance Fund Helps Dogs



Bear

photos courtesy GCHS

pair of Gulf Coast Humane Society (GCHS) shelter dogs are on the road to recovery after Ahaving surgery. The surgeries were made possible by the GCHS' Second Chance Fund, which pays for the procedures and rehabilitation the animals have to go through.

Harvey, a two-year-old American Staffordshire, came into GCHS as a transfer from Clewiston Animal Services. He was diagnosed with a dislocated ankle, making it very painful for Harvey to walk normal. He was transferred to Specialized Veterinary Services (SVS) for surgery on January 31, and was back to GCHS that same day to start his rehab.

"We had to partially fuse his ankle (joint), but the prognosis for Harvey is very good," said Dr. Jason Eisele, DACVS, who performed the surgery at SVS. "When the main joint is not involved, like Harvey's, it's always a better prognosis. He should have little to no long-term effects and should be able to run, jump and play normally.

The second dog who underwent surgery at SVS, which was funded by the Second Chance Fund, was Bear, a 10-month old Great Pyrenees, who suffered a deformity in one of his hind legs. He had a laterally luxated patellar, which was dislocated on the outside of his leg.

The deformity caused a severe limp when Bear walked, so the decision was made to perform surgery to correct his walk. His surgery was performed over a month ago at SVS. Since then, he has been in foster care during his rehab, in which he is getting used to walking on his fixed leg.

"Bear had more deformity to the joint than normal," Dr. Eisele said. "Bear won't need revision surgery, which is good, and his implants are holding up well. There will always be a difference from his normal leg, and we expect Bear to have a gait for



the rest of his life, which won't be painful. But his knee should be stable for the rest of his life.

The cost of Harvey's surgery ranged in the

\$1,600 area, while Bear's cost \$1,400.
"These surgeries could not be performed without the Second Chance Fund," said GCHS Executive Director, Jennifer Galloway. "It's a vital fund for these animals who really have nowhere else to turn. It provides them a literal second chance at life. We also give a big thank you to SVS and Dr. Eisele for doing such a great service and work on these

There is always a need for donations for the Second Chance Fund, because it is used on a normal basis for the animals that come in needing it.

To donate directly to the GCHS Second Chance Fund, go to www.gulfcoasthumanesociety.org/ second-chance-fund.html.The website also has other Second Chance Fund stories, which all have turned out well for the recipient.

Call 332-0364 or visit the shelter at 2010 Arcadia Street in Fort Myers.

Harvey is still in need of foster care during his rehab. To offer your foster services to Harvey or any of animal who needs fostering, contact GCHS Foster Coordinator Alyssa Dudley at foster@ gulfcoasthumanesociety.org.☆

Top 10 Real Estate Sales

Subdivision City		Year Built	Square Footage	Listing Price	Selling Price	Days On Market	
Gulf Island Manor	Fort Myers Beach	2011	3,047	\$2,999,000	\$2,500,000	206	
Salerno	Miromar Lakes	2016	3,693	\$2,495,000	\$2,300,000	80	
Mcphie Park	Fort Myers Beach	2002	3,028	\$1,395,000	\$1,325,000	112	
Kenwood	Estero	2004	3,019	\$875,000	\$825,000	288	
Ascot	Bonita Springs	2001	3,084	\$859,900	\$824,000	13	
Edgewater	Fort Myers	1997	2,717	\$824,000	\$799,000	101	
Cape Coral	Cape Coral	2004	2,725	\$799,000	\$741,250	361	
Carolands	Bonita Springs	1957	3,022	\$749,900	\$650,000	280	
Cedar Hammock	Fort Myers	2008	3,588	\$679,900	\$679,900	5	
New Hampton	Fort Myers	1999	2,792	\$615,000	\$585,000	0	

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• \$789,000 (2170139) Jim Hall/Mary Lou Bailey 472-5187 x 215/246

BEST FT MYERS VALUE



- · So. Ft. Myers Villa w/cathedral ceiling, 2 lanais
- · Mostly furnished, low fees, over 55 year community
- · Olympic pool, spa, tennis, exercise room, clubhouse
- Near golf, shopping, hospital, 15 mins to Sanibel

• \$149,000 (2170180)

Glenn Carretta 472-5187 x 221

SANIBEL MOORINGS #9331



- · Nicely remodeled
- · Nestled among lush landscaping, botanical gardens
- Beach, tennis, two pools, boat dockage, kayaks and canoes
- Great Income producing property
- \$550,000 (2170137)

Deb Smith 472-5187 x 251

LARGE GULF ACCESS LOT



- .30 ACRES
- Seawall · Cul-de-sac
- · View of intersecting canal
- \$199,900 (2161203)

Susan Dunn 472-5187 x 258

RELAXED ELOQUENCE - WONDERFUL VIEWS



- Tile w/light birch style wood laminate floating floors
- One car attached garage under building
- Storm proof sliders and windows

• \$329,900 (2170193)

Ron Smiley 472-5187 x 334

COCONUT CREEK



- 3BR/3BA young custom home
- Breathtaking lake views & dock
- Wood floors, high ceilings
- · Screened enclosed pool/spa
- \$595,000 (2170169)

Jim Hall 472-5187 x 215

SHOWCASE HOME!



- Gated community, clubhouse, wonderful location
- · 4BR/4.5BA, renovated kitchen/baths, bamboo flooring
- · Elevator, salt-water lap pool, private dock w/boat lift
- · At end of cul-de-sac w/direct access to open waters
- \$1,625,000 (2160588)

Mary Lou Bailey 472-5187 x 246

SWEEPING RIVER VIEWS



- · Two story custom built home, newly painted
- 3BR/2.5BA, pool, new roof in 2014
- · Deeded 40' boat dock with electricity & water • Elevator, 2 fireplaces, 2 laundry rooms
- \$1,249,999 (2140783)

Judie Anderson 472-5187 x 265

FULL FLOOR AT HIGH TIDE



- · Spacious luxury condo
- · Views to the gulf
- Great room plan
- 2BD/ 2BA + den
- \$1,195,000 (2170199)

James and Penny Hetmanek 472-5187 x 219/202

ROOSEVELT CHANNEL



- · Custom 4 BR/4.5 BA home
- Fenced heated pool & spa
- · Dock w/direct access
- Partially furnished

• \$2,495,000 (2170094)

Karen Bell 472-5187 x 270

SPACIOUS EAST END CANAL HOME



- Large corner lot w/gorgeous landscaping
- Over 5000 sq ft under air, 3+ large bedrooms & office
- Deep water canal with 40' dockage and community pool
- Elevator, 2-car garage, spacious decks & porch spaces
- \$1,399,000 (2161130)

Chloe Bowman 472-5187 x 205

SANIBEL BAYOUS



- Near beach 3BR/2BA home
- Updated kitchen and bathrooms
- Upper and lower lanais · Low maintenance yard
- \$549,900 (2150119)

James Anderson 472-5187 x 214













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